

SPELLBROOK CHURCH OF ENGLAND PRIMARY SCHOOL

LEARN TOGETHER - ENJOY TOGETHER - SUCCEED TOGETHER

NEWSLETTER – 3rd March 2023

VALUE: Forgiveness

Focus: Turning Over a New Leaf "Just as the Lord has forgiven you, so you must forgive others." Colossians 3:13



World Book Day 2023 – Character Spoons



FROM THE HEADTEACHER

Yesterday, the 2nd March was World Book Day. World Book Day began in 1995 and is now marked in over 100 countries around the globe. Staff and children dressed up as favourite book characters. I decided to come as my namesake from the Beatrix Potter stories that were written in the early 1900s and I noticed the amusement of many of you during drop-off. It has taken me many years to come to terms with the fact that my parents gave me the same name as a frog. Over the day, children also commented and asked questions about the character, some of them recognising it as a character from the Peter Rabbit film. They also talked about their own characters and I would like to thank parents for getting involved and providing the costumes.





We even had one parent come to the office to show her costume. Maybe that is something that will catch on.

I have also seen the super spoons that have been made over the last couple of weeks and hope that this has provided any opportunity to talk about books and characters at home. There have certainly been some very creative and fantastic looking models.

During the day, children spent time thinking about reading. They thought about the kinds of books that they enjoy and shared whether their favourites are picture books, joke books, poetry books,

comic books and information books. Some children talked about how they enjoy listening to stories on audio books. Children thought about where they like to read and some admitted that they like to hide under the duvet with a torch, even when parents think they have gone to sleep.

The children also considered their reading Superpower. We identified many such as:

- Talking about books
- choosing which books they like to read,
- making time to read,
- having fun and enjoying reading,
- listening to books being read,
- sharing books with family and friends
- identifying with their favourite characters

Some children said they had many of these superpowers. This was one of the best World Book Days I have enjoyed (and I have certainly lost track of how many since the mid-nineties) due to the way that so many got involved, bringing in the spoons, wearing costumes and sharing their love of books.





Strike Days:

I appreciate the impact of the strike days and the difficulty that families can experience with any disruption to the school week. I would like to say a huge thank you to parents who have brought their children in to those classes that we have been able to open, particularly when the children have siblings that have stayed at home as their class has been closed. I know the amount of persuasion that goes into this and how reluctant one child can be if they see brothers and sisters staying at home, so well done.

Have a lovely weekend.

Jeremy Fisher





MESSAGE FROM GREAT ST MARY'S CHURCH



Father Simon writes:

I've spent a couple of days at a Church conference this week. At this purple time of the Church's year, there's always a chuckle to be had to break the ice over the question of who's given up alcohol - or anything else for that matter - for Lent.





It's a subject we've been looking at during our collective worships over the past couple of weeks: the reasons for giving something up - or, in more recent years, taking something constructive up - for Lent. Why do we do this each year?

So many of us are so fortunate to have so much in our lives. Yet there's often that nagging feeling that something is missing; that everything we have is still leaving us unfulfilled. You won't be surprised to hear that I believe

that's because so many of us aren't paying proper attention to God. I believe too many of us find it too easy to drown God's voice out from our lives by overindulging in the easy distractions which stop us having to face the big questions of life and, ultimately, finding a greater level of fulfilment.

Fasting - be it during Lent or any time of the year - is our opportunity to devote some time to finding that fulfilment. It's about creating the space in our lives be it by giving something up such as a food type, or by refraining from something

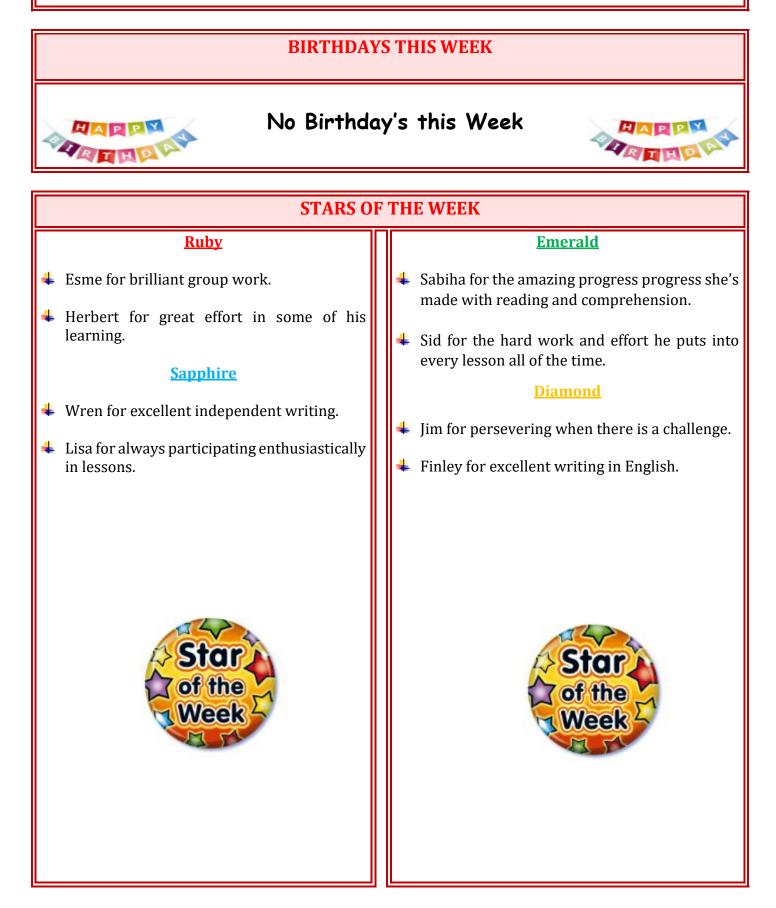
such as switching the TV on quite so early each evening - so that we can take something up: committing to our Bible or to something devotional for a few minutes a day, or perhaps simply to find a quite space around the home to spend a little time sitting in quiet contemplation.



Giving or taking something up for God is an age-old practice which reminds us of all that is surplus to the real value of our lives - all the things that may have become 'idols' in our lives - and all - namely, God - that is essential, whether we realise it or not yet, to live a fulfilling life.

May God bless your journey through Lent,

Fr Simon



ATTENDANCE THIS WEEK

Whole School Attendance – 93.95%

Whole School Target Set – 96%

Please contact school every day of any absence. This can be done by calling **01279 723 204**, **Option 1** and then leaving a message on the absence line.

If you are going to be late, please also advise the school office to ensure a meal is ordered in time.



NEXT WEEK'S MENU

Day	Menu
Monday	 Meatballs in Homemade Tomato Sauce (Red) Cheese Pinwheel (V) (Green) Jacket Potato (Yellow)
Tuesday	 Mild Chicken Curry (Red) Omelette, Grilled Tomatoes & Baked Beans (V) (Green) Jacket Potato (Yellow)
Wednesday	 Roast Pork (Red) Tomato Bolognese (Ve) (Green) Jacket Potato (Yellow)
Thursday	 Beef Burger in a Bun (Red) Cheese, Potato & Broccoli Bake (V) (Green) Jacket Potato (Yellow)

NOTICES

- Diamond & Emerald Faith Tour Trip is on Wednesday 8th March. Children should arrive at school by 8.15 am and will be back by 3.15 pm. Children will require a packed lunch.
- Sapphire Trip to Great St Mary's Church is on Thursday 9th March. Children will be travelling to the church by coach at 2 pm. End of day collection is from the church at 3 pm. Please return permission slips by Monday 6th March.
- Gardening Club we still have spaces available in the Gardening Club which runs on a Wednesday afternoon for children in Years 3-6. To book a space, please fill out the registration form which was sent out today.
- End of Day this is a reminder that pick up times are as follows:

Ruby & Sapphire – 3.10 pm Emerald & Diamond – 3.20 pm

DATES FOR YOUR DIARY

Date	Event		
08/03/23	Diamond & Emerald Trip – Faith Tour		
09/03/23	Sapphire Trip to Great St Mary's Church		
17/03/23	Red Nose Day		
20/03/23 – 31/03/23	Big Walk & Wheel Week		
28/03/23	EYFS Meeting		
29/03/22	Sapphire Class Last Swimming Lesson		
31/03/23	Last Day of Term		
17/04/23	First Day Back		
19/04/23	Diamond Class Swimming starts		
01/05/23	Early May Bank Holiday		
08/05/23	Coronation Bank Holiday		
09/05/23 –	KS2 SATs Week		
12/05/23			
15/05/23 –	Walk to School Week		
19/05/23			
18/05/23	Year 6 Crucial Crew		

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Friday	 Fish Fillet Fingers (Red) 		22/05/23	Class Photos
	 Cheese & Tomato Pizza (V) 		23/05/23 -	Diamond Class Activity Week
	(Green)		26/05/23	
	 Jacket Potato (Yellow) 		29/05/23 –	Half Term
			02/06/23	
			12/07/23	Diamond Class Last Swimming Lesson
			21/07/23	Last Day of Term
			01/09/23	Inset 1
			04/09/23	Inset 2
			05/09/23	First Day Back
			23/10/23 -	Half Term
			27/10/23	
			01/12/23	Occasional Day – School Closed
			20/12/23	Last Day of Autumn Term 23
			04/01/24	Inset 3
			05/01/24	Inset 4
			08/01/24	First Day Back
			19/02/24 –	Half Term
			23/02/24	
			26/02/24	First Day Back
			28/03/24	Last Day of Spring Term
			15/04/24	First Day Back
			06/05/24	Early May Bank Holiday
			27/05/24 –	Half Term
			31/05/24	
			03/06/24	Inset 5
			23/07/24	Last Day of Summer Term
Contact: <u>admin@spellbrook.herts.sch.uk</u> Website: <u>www.spellbrook.herts.sch.uk</u>				







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Email: Any allergies or medical issues that we need to be aware of*: Any allergies or medical issues that we need to be aware of*: Image: Content of the content of th	Learn through play, keep active, have fun! To make a booking please email: enquiries@gjwsports.co.uk £7.50 per session ICRAFTCLUB

NOW AVAILABLE FROM RECEPTION TO YEAR 6

> STARTS WED 18TH JAN WITH MISS PROW IN THE LIBRARY

> > £5 PER SESSION

PAYABLE VIA ARBOR

8am – 8.40am everyday cooked breakfast served at 8am



£4.50 per NB late session arrivals will payable not be via arbor cooked breakfast

Please book 24 hours ahead to ensure availability

HAPpy Camps are back!

this Spring, all over Hertfordshire!

This Spring, school aged children eligible for benefits related free school meals, can enjoy free food, free sports and free craft activities!

Get your HAPpy Booking Code from your child's school now, to access all this and more!

Bookings open on Monday 6th March

Book now by scanning the QR code All camps are free!

> Hertfordshire's Holiday Activity Programme

> > sports

ASHRIDGE VINTAGE FAYRE

TRADITIONAL RIDES FOOD & DRINK SPRING GARDEN

1 - 10 APRIL 12 GENERAL ADMISSION 10AM - 6PM DAILY FREE - UNDER 4S BOOK NOW - ASHRIDGEHOUSE.ORG.UK

boomkids

Meet the Experts is back with a brand new series and looking for expert children to take part!

Does your child have an interesting hobby that they are extremely passionate about?

Would they like to showcase their talent and expertise on Channel 5's Milkshake?

We want to hear from entertaining and outgoing children between 7-8yrs old, of all different backgrounds and abilities.

For more information please email: MTE@boomcymru.co.uk or call: 07436 097767

Calls to this number may incur charges. Please contact your provider for more details. We welcome applications from all sections of the community including from ethnically diverse groups. The closing date for applications is 1⁴⁴ August 2023 Boom will process your information in accordance with the privacy policy of the company (available on our website) Due to the high volume of responses, we cannot reply to everyone





Be ready for cold weather

We are expecting a spell of cold weather - please take care

It's important to protect yourself and others as much as possible from cold weather conditions. Older people, children, babies under five and residents with underlying health conditions are amongst those particularly vulnerable to the effects of cold weather.

Cold weather health advice:

- · Keep an eve on the weather so you can prepare for a cold spell - stock up on home medicines for minor illnesses from your supermarket or pharmacy.
- · Take care if it is slippery. If you do need to go out, wear shoes with a good grip, and consider keeping salt and sand mixture handy to grit paths.
- · Have torches handy around the home (with some spare batteries too) in case of power cuts and try to keep your mobile phone fully charged.
- · If you're not very mobile, are 65 or over, or have a health condition, such as heart or lung disease, heat your home to at least 18C.
- · Keep your bedroom at 18C all night if you can - and keep bedroom windows closed.
- · If you're under 65, healthy and active, you can safely have your home cooler than 18C, as long as you're comfortable.

- · Use a hot water bottle or electric blanket to keep warm in bed - but do not use both at the same time. Turn off blankets when you get into bed, unless there is a thermostatic control for safe all-night use.
- · Have at least one hot meal a day - eating regularly helps keep you warm.
- · Have hot drinks regularly.
- · To reduce the risk of sudden infant death syndrome (SIDS), babies should sleep in rooms heated to between 16C and 20C.
- · Draw curtains at dusk and keep doors closed to block out draughts

Hertfordshire

· Get your heating system checked regularly by a qualified professional.



Please check in on anyone who may struggle in cold weather.



If you are concerned about yourself or someone else, please call NHS 111. contact your GP or get advice from your local pharmacy.

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Get financial support

If you are worried about money, or you are in debt, help is available. 回答 74 🗆

Citizen's Advice can give you help and advice. You may also be able to get help from the government with energy bills. transport, childcare and household costs. Never ignore bills.

More information: www.hertfordshire.gov.uk/costofliving or call 0800 144 8848 or use this OR code for more cost-of-living advice.

Get a flu vaccine

If you're eligible for a free flu vaccine (this includes all those aged 50 or over), you can book an appointment at your GP surgery. You can also book online to get a flu vaccine from a local pharmacy that offers it on the NHS.

Get a Covid vaccination

You can book your 1st or 2nd jab or your Covid seasonal booster (if you are aged 50 or over, or have certain health conditions or work in front-line health and social care). Go to: www.nhs.uk or call 119.







Special Open Day to Celebrate Essex County Fire and Rescue Service's 75th Anniversary Saturday 1st April 2023 (10.30am to 4.00pm)



Visits must be pre-booked via: museum@essex-fire.gov.uk

Address: Essex Fire Museum, Grays Fire station, Hogg Lane, Grays, RM17 5QS