



SPELLBROOK CHURCH OF ENGLAND PRIMARY SCHOOL



LEARN TOGETHER - ENJOY TOGETHER - SUCCEED TOGETHER

NEWSLETTER – 10th March 2023

VALUE: Forgiveness

Focus: Forgiving Others as God has forgiven you

“Just as the Lord has forgiven you, so you must forgive others.”

Colossians 3:13



The Faith Tour - The Gurdwara, the Church and the Mosque

FROM THE HEADTEACHER

Faith Tour: On Wednesday, Emerald and Diamond went to Bedford to visit three religious buildings as part of their RE. The children had the opportunity to learn a little about what is common to these faiths as well as enjoying the spectacular buildings and artefacts that are associated with worship. This visit also complements the children's understanding of the British Values that schools are expected to promote, namely mutual respect and tolerance of different faiths and beliefs. Many of the children shared with me what they had done during the day and expressed the different parts of the day that they enjoyed.

On arrival in Bedford, they visited a Gurdwara and were warmly welcomed. They learned about the 5 Ks and some of the Sikh beliefs. They were told that Sikhs believe that everyone is seen to be equal. Ewan recalled that Sikh teachers are called gurus. Many of the children commented on the building itself; that the Gurdwara was beautiful, amazing and very interesting and there were interesting decorations. One child particularly enjoyed seeing the holy book on a raised platform under a canopy.



Secondly, they visited a mosque and the Imam explained all about Muslim prayer and how they determine the direction to face. He informed them about prayer at different times in the day and Celia was surprised that Muslims wake up at 5:30 in the morning to start their prayers. Children were again fascinated by the architecture and Sienna was impressed that another mosque (in Cambridge) has been designed and constructed to be eco-friendly. Taliya was amazed that every pillar has a different meaning. The children learned about the importance of charity to people of the Muslim faith.

Finally, the children visited a church. They explored the church, finding out about the different parts of the building and their purposes. They were fascinated by the stained glass window. They were able to compare this church with Great St Mary's in Sawbridgeworth and see some of the similarities and differences. They learned more about the bible and how the bible consists of many different types of text such as letters, poems, autobiographies and histories.



I know from the thoughts they shared with me and the enthusiasm with which they talked about their favourite recollections that this was a very enjoyable day that has given them a glimpse into beliefs that may be different to their own but carry common themes and values, such as caring for others and showing respect to others.

Mini Police: As part of the Mini Police programme that Y5 are involved in, Luthor, one of the police dogs came to visit the school yesterday and the children were enthralled. They found out about the ways that dogs are used and the expectations of the dogs. The dogs are trained in who they should engage with and when they should sit back and alert their handler, such as when locating a missing elderly person or child. Luthor demonstrated that his bark would be heard from a long distance away. The children asked some excellent questions and found out about the different breeds that are used and why some breeds are more suitable than others.



Sapphire Class visit to Great St Mary's Church: Sapphire Class, in RE, have been learning about some family traditions. They have been learning about the ways that children are welcomed into the world and celebrated by families from different religions and those that have no religious beliefs.

In order to deepen their understanding of Christian practices and beliefs, they spent time in Great St Mary's church hearing about infant baptism and looking at the font. They were reminded that the church is the family of God and the font is near the door to the church as a symbol of welcoming the child into the family of God.



Healthy Snacks: We are now asking all parents to adhere to the following guidelines for snacks as we have seen a recent increase in unhealthy snacks at playtimes. As I am sure you appreciate, if children see others with crisps and similar snacks, they are more likely to want the same and that has recently been the case.

If your child does bring something unhealthy, we will in the first instance send you a message. If it occurs again, we will offer fruit instead and return the snack to you at the end of the day. This is something we really want to avoid doing and therefore would really welcome everyone supporting with this as it is so much easier to encourage healthy habits if everyone is on board.

Snacks welcomed in school



A collage of various snacks including: a pile of potato chips, a bag of Sunny Raisin cereal, a box of Windets strawberry wafers, a bag of Bear brand snacks, a box of KitKat, a bag of Sweet Jakos, a bag of Koolhaas wafers, a box of Mini Rolls, a bag of Nature Valley Crunchy cereal, a bag of Fruit & Yogurt Flakes, a bag of Penguin brand snacks, a bag of Jacob's Mini Pretzels, a bag of Wotsits, a bag of Haribo Starmix, a bag of Nature Valley Crunchy Variety Pack, and a bag of Coco Pops.

Jeremy Fisher

MESSAGE FROM GREAT ST MARY'S CHURCH

Father Simon writes:

Yesterday, it was a joy to have Sapphire Class visiting Great St Mary's. They were learning all about baptism - otherwise known as a christening - as part of their RE exploration of naming ceremonies in the various faiths.

At one point, we all gathered around the font, and, holding a big jug of water, I explained how a priest blesses the water in God's name before splashing it over the baptism candidate to cleanse their soul and bring them into God's family - the Church.



Water is something which crops up in the Bible time and time again; not just because it's crucial to survival but because it's seen as a symbol of new life. The Israelites led by Moses, passed, for example, through the waters of the Red Sea to new life following their escape from Egypt. And in church on Sunday we'll be hearing the story of Jesus meeting the Samaritan woman at the well.



Jesus asks her for a drink of water. It begins a conversation which ends with Jesus reflecting with her how, whilst "everyone who drinks of this water will be thirsty again, those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." (John 4:13-14)

It's had me reflecting not only on Jesus' promise to his followers that - to hijack a popular drink advertisement from a few decades ago - Jesus reaches the parts that simply no other sustenance - and especially not the sugar-high of consumerism - can reach, but - whether we recognise it or not - how our deepest longings and yearnings will, and can only, be satisfied by Him.



As this season of Lent continues, may our reflections draw us ever nearer to the eternal life-giver - Jesus Christ.

Wishing you all a good weekend,

Fr Simon

BIRTHDAYS THIS WEEK



Sapphire
Henry



STARS OF THE WEEK

Ruby

- ✚ Eliza for putting fantastic effort in everything she does.
- ✚ Peter for super participation in some activities.

Sapphire

- ✚ Luna for asking excellent questions on her visit to the church.
- ✚ Donnie for his wonderful poetry writing.



Emerald

- ✚ Zainab for working so hard to improve her times table knowledge.
- ✚ Harry F for his focus and hard work during maths.

Diamond

- ✚ Sam for his excellent focus in his learning.
- ✚ Sienna for always working to her best abilities.



ATTENDANCE THIS WEEK

**Whole School
Attendance – 95.22%**

Whole School Target Set – 96%

Please contact school every day of any absence. This can be done by calling **01279 723 204**, **Option 1** and then leaving a message on the absence line.

If you are going to be late, please also advise the school office to ensure a meal is ordered in time.

NOTICES

- ✚ **PTA Mother's Day Gift Shop** will be open during school to children on **Wednesday 15th and Friday 17th March**. More information to follow.

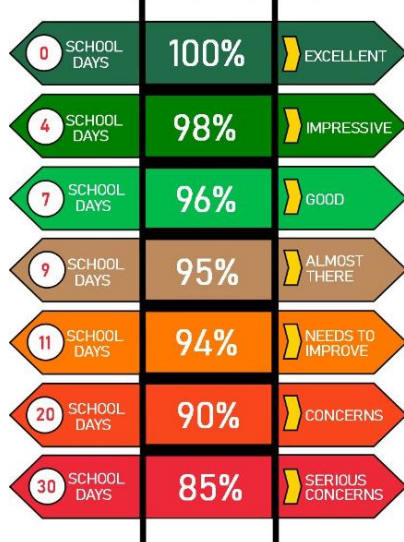
- ✚ **Red Nose Day** – on **Friday 17th March**, children are invited to come to school in **non-uniform** with a donation of **£1** for Comic Relief. Please follow the link below to donate:

[Spellbrook Primary Red Nose Day 2023](#)

- ✚ **PTA Coffee Afternoon on Monday 27th March at 2.15 pm** – parents and carers are cordially invited to join the PTA for a coffee afternoon. This is an opportunity to meet with other parents and get to know more about what the PTA do.

- ✚ **Midday Supervisory Assistant Vacancy** – we have a full-time vacancy (term time only) available to start immediately (part-week considered). For more details or to apply, please visit <https://www.teachinherts.com/find-a-job.htm?schoolid=568>

Attendance Ladder



NEXT WEEK'S MENU

Day	Menu
Monday	<ul style="list-style-type: none"> ❖ BBQ Dusted Chicken (Red) ❖ Italian Pasta Bake (Ve) (Green) ❖ Jacket Potato (Yellow)
Tuesday	<ul style="list-style-type: none"> ❖ Beef Bolognese (Red) ❖ Macaroni Cheese (V) (Green) ❖ Jacket Potato (Yellow)
Wednesday	<ul style="list-style-type: none"> ❖ Roast Chicken (Red) ❖ Sausages in Yorkshire Pudding (V) (Green) ❖ Jacket Potato (Yellow)
Thursday	<ul style="list-style-type: none"> ❖ Cottage Pie (Red) ❖ Quorn Burger in a Bun (V) (Green) ❖ Jacket Potato (Yellow)
Friday	<ul style="list-style-type: none"> ❖ Battered Fish (Red) ❖ Cheese & Tomato Pizza (V) (Green) ❖ Jacket Potato (Yellow)

✚ **Cake Sale** – a huge thank you to everyone who donated and bought cakes in aid of the Turkey earthquake appeal. We raised **£123.80!**

✚ **Craft Club** – after Easter, the Craft Club will be moving to a **Monday**, starting on **Monday 17th April**.

✚ **Gardening Club** – we still have spaces available in the Gardening Club which runs on a Wednesday afternoon for children in **Years 3-6**. To book a space, please contact the office for a registration form.

DATES FOR YOUR DIARY

Date	Event
15/03/23	PTA Mother's Day Gift Shop
17/03/23	PTA Mother's Day Gift Shop
17/03/23	Red Nose Day – Non-Uniform
20/03/23 – 31/03/23	Big Walk & Wheel Week
22/03/23	Ruby Class Parents Evening
23/03/23	Ruby Class Parents Evening
27/03/23	PTA Coffee Afternoon at 2.15 pm
29/03/22	Sapphire Class Last Swimming Lesson
31/03/23	PTA Easter Egg Hunt
31/03/23	Last Day of Term
17/04/23	First Day Back
19/04/23	Diamond Class Swimming starts
01/05/23	Early May Bank Holiday
08/05/23	Coronation Bank Holiday
09/05/23 – 12/05/23	KS2 SATs Week
15/05/23 – 19/05/23	Walk to School Week
18/05/23	Year 6 Crucial Crew
22/05/23	Class Photos
23/05/23 – 26/05/23	Diamond Class Activity Week
29/05/23 – 02/06/23	Half Term
12/07/23	Diamond Class Last Swimming Lesson
21/07/23	Last Day of Term
01/09/23	Inset 1
04/09/23	Inset 2
05/09/23	First Day Back
23/10/23 – 27/10/23	Half Term
01/12/23	Occasional Day – School Closed

20/12/23	Last Day of Autumn Term 23
04/01/24	Inset 3
05/01/24	Inset 4
08/01/24	First Day Back
19/02/24 – 23/02/24	Half Term
26/02/24	First Day Back
28/03/24	Last Day of Spring Term
15/04/24	First Day Back
06/05/24	Early May Bank Holiday
27/05/24 – 31/05/24	Half Term
03/06/24	Inset 5
23/07/24	Last Day of Summer Term

Contact: admin@spellbrook.herts.sch.uk
 Website: www.spellbrook.herts.sch.uk



SPELLBROOK C of E PRIMARY SCHOOL (vc)

Learn together, Enjoy together, Succeed together

----- The Parish of Great St Mary's -----
 London Road, Spellbrook, Bishop's Stortford, Herts. CM23 4BA

JOB VACANCY **MIDDAY SUPERVISORY ASSISTANT**

Are you enthusiastic, caring and someone who relates well to children?
 We need a cheerful and capable person to become part of our
 dedicated midday team.

You will be supervising children Monday to Friday during term time
 as directed, either while they eat their lunch in the school hall or playing outside.



We have one vacancy available from
March 2022
 Monday to Friday 12pm to 1pm (part week considered)
(Term time only)
 £10.51 per hour

For details or to apply visit: www.teachinherts.com or contact
 Ms Sharon Freeborn, School Business Manager (01279) 723204

**Appointment to this role is subject to appropriate recruitment checks, including references being
 Secured, completion of a DBS enhanced clearance and online health check.*

*Spellbrook Primary School is committed to safeguarding
 equality and promoting the welfare of children
 and expects all staff and employees to share this commitment.*



Well Bean Gardening

Learning through growing
Growing through learning

We have spaces in our After-School Gardening Club



- Spellbrook's Gardening Club meets on Wednesdays and is open to Years 3, 4, 5 & 6. 3.20pm-4.30pm.
- £24.00 for remaining four sessions
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
 - Working to improve the school gardens
 - Taking part in the RHS Campaign for School Gardening Award Scheme - LEVEL 4



If you would like your child to attend, please return the slip below to the school office before Wednesday March 8 and make a payment of £24 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: Year group:

Your name: Phone number:

Email:

Any allergies or medical issues that we need to be aware of*:

*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook page (please check it out and like) and every week an update of what we get up to at the club will be posted.

If you **DO NOT** want photos of your child to be used on Facebook please tick the box: (Please note that children are never named) ☐

Payment of £24 has been made via Cash/Cheque/Bacs with the reference name of:

Email: wendy@wellbeangardening.com
Mobile: 07817 528652

facebook.com/wellbeangardening
www.wellbeangardening.com

GJWSports

Promoting a healthy & active lifestyle

FUN CLUB

At Spellbrook C of E Primary School



Football - Tuesday
Reception - Year 6



Dodgeball - Thursday
Reception - Year 6



After school 15:20-16:20

Skills, Match Play, Balance, Coordination, Fitness
Sending, Receiving, Tactics, Teamwork
Learn through play, keep active, have fun!

To make a booking please email: enquiries@gjwsports.co.uk £7.50 per session

BREAKFAST CLUB

8am - 8.40am everyday
cooked breakfast
served at 8am



£4.50 per
session
payable
via arbor

NB late
arrivals will
not be
catered for
cooked
breakfast

Please book 24
hours ahead to
ensure
availability

STARTS MONDAY 17TH APRIL

Craft Club

With Miss Prow in the Library

£5 per session
payable via arbor

CALLING ALL GIRLS

Fun, social starter tennis courses for girls

prime video

YOUTH GIRLS



NEVER HELD A RACKET? NO PROBLEM

All sessions are designed to ensure girls have an enjoyable and positive experience. The sessions include:

- A six-week introductory coaching course
- A tennis racket and set of balls
- A t-shirt and pair of wristbands
- Access to a fun sociable tennis community

All for just £35 (including postage).

lta.org.uk/prime-video-youth-girls

prime video

YOUTH GIRLS



BOOK NOW

HAPpy Camps are back!

this Spring, all over Hertfordshire!

This Spring, school aged children eligible for benefits related free school meals, can enjoy **free food**, **free sports** and **free craft activities!**

Get your **HAPpy Booking Code** from your child's school now, to access all this and more!

Bookings open on **Monday 6th March**

All camps are free!



Hertfordshire's Holiday Activity Programme

HAPpy

Book now by scanning the QR code



Hertfordshire

Hertfordshire Foundation

herts sports



Easter Holiday Water Activities at ESSA

3rd to 14th April 2023

Multi-Activity Days

3rd-6th April and 11th-14th April

RYA Sailing Courses

Stage 1: 3rd-4th April

Stage 2: 5th-6th April

Stage 3: 11th-13th April

Start Racing: 12th-13th April

Sailing Improver Days

4th and 11th April

Please contact ESSA Bookings for more details.

bookings@essa.org.uk

07483 336741 www.essa.org.uk



BISHOP'S STORTFORD RUGBY CLUB EASTER CAMP IN APRIL

WHEN: Tuesday 11th, Wednesday 12th and Thursday 13th April

WHO: Boys and Girls U6 - U12

TIME: Start 09:30 and finish at 15:00 (Arrive from 09:15)

WHERE: Bishop's Stortford Rugby Club

FOOD: Packed lunch, a snack and water bottle for the day (no nuts)

KIT CHECK: Rugby boots, Trainers, Gumshields, suitable training kit and a spare set of clothes

COST: £30 per day

COURSE CONTENT: Tackle /Tagging Technique, Handling, Evasion Games/ Gameplay, various other activities and lots of fun.

For further details please contact:
marcuscatell05@hotmail.com
or call Marcus on 07870 163 675
Or visit: www.bsrfc.co.uk

Application form available online or by email. Course run by RFU Level 2 Coaches

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CS SPORTS COACHING



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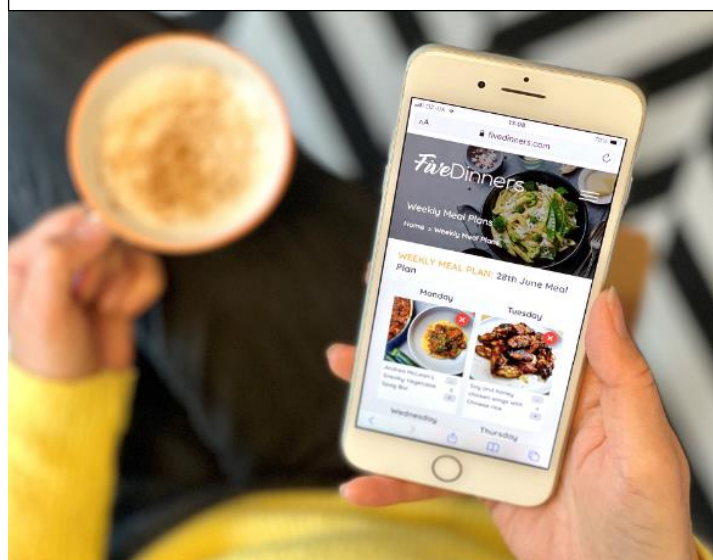
We know how hard times are at the moment so the folks at FiveDinners.com – online meal planning service - have decided to give away FREE lifetime memberships to try and help you save money on food shopping and reduce the mental load of deciding what to eat every night. There's no catch or restrictions, simply full access to our meal plans to make your dinnertimes a little easier and cheaper.

FiveDinners.com is an online meal planning service co-founded by author and TV chef Theo Michaels.

To help with the cost of living crisis so many families and individuals are facing Theo has decided to offer their meal planning service for FREE (usually £49.99 per year); every week they publish a new meal plan with an automatically generated shopping list; set to your serving size so you know exactly what you need for the week ahead.

It saves you time, money on food shopping and ultimately takes away the headache of deciding what to cook every night. You can even create and save your own meal plans choosing from hundreds of recipes.

Simply head to <https://FiveDinners.com> and click green Join button now.



YOU'VE GOT PARENT MAIL

Hello, parents & guardians!

We are **BeeZee Bodies**, and we work with Hertfordshire County Council to provide FREE (and FUN!) healthy lifestyles support for families.

We run **BeeZee Families** courses after school, across Herts, or you could join our online courses instead. We have new groups beginning in May. Click below to sign up for your family's FREE place!*



SCAN ME WITH YOUR SMARTPHONE CAMERA OR CLICK HERE TO SIGN UP!

Roll into Spring

Each year, 20th March marks the first day of SPRING! As we look forward to longer days and warmer weather, try these tasty **Rainbow Spring Rolls** to get you excited for all the yummy vegetables to come over the season.

Ingredients:

For the roll:

- 1 Spring Roll Wrapper (Rice Paper OR Small Tortilla Wrap)
- Red & Yellow Bell Pepper
- Cucumber
- Carrot
- Purple Cabbage
- Any other veggies you like or have in the fridge (it doesn't have to be a rainbow!)

For the dip:

- 2 tbsp Soy sauce
- 1 tsp Hoisin
- 1/2 tsp Rice Vinegar
- 1/2 tsp Maple Syrup
- 1/2 tsp Sriracha

What to do:

1. Choose which veggies you'd like in your roll and chop them all into thin matchstick-size strips
2. If using rice paper, soak in warm water until it softens and becomes flexible. If using a tortilla wrap, skip steps 2 & 3
3. Remove the wrapper from the water and place it on your chopping board - pat it dry with a paper towel
4. Add your assortment of colourful veggies to the centre of the wrapper
5. Fold the sides in towards the centre, and roll it up tight from the bottom
6. For the dip: measure all ingredients into a small bowl and stir to combine
7. With a sharp knife, carefully cut your rainbow spring roll in half, dip and enjoy!

Top Tip

If you don't have the ingredients for the dip on hand, soy sauce by itself tastes great too! You can also experiment with other ingredients you have to create your own sauce!

Bf BeeZee Families beezeebodies.com 01707 248648 BeeZee Families Hertfordshire

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