



NEWSLETTER - 20th September 2024

VALUE: Generosity

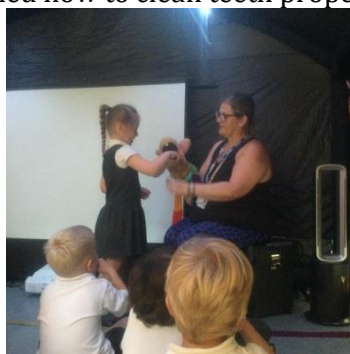
Focus: Loving others as we love ourselves

'God loves a cheerful giver.' 2 Corinthians 9.7

FROM THE HEADTEACHER

SCARF Day: This week began with a visit, from Katy from the SCARF PSHE programme who provided each class with a session in the Life Tent.

Ruby Class met Harold the giraffe and he helped them to think about being healthy. They helped Harold to select items for his lunch box including water to drink. They found out that we have to look after our teeth because they are so important for eating and they learned how to clean teeth properly.



Sapphire Class's session was about our 'Wonderful Body' and thought about healthy mind and healthy body. They thought about looking after themselves by eating well and making sure they are being kind and are mindful of others. The children shared some of their learning.

Eloise said, "Orange juice has sugar in it, so too much is not good for us."

Tillie told the others, "Fruits are good for us."

George commented, "It's okay to make mistakes as long as you are sorry."



Emerald Class covered lots of information. They learned about parts of the body and their functions, the importance of the brain and how to work together to solve issues including being able to compromise.

Afterwards the class were able to tell me the names of lots of parts of the body, as they had helped Harold with his 'naming parts of the body' homework and had put the parts on a model. They named the brain, heart, lungs, liver, kidneys, stomach and oesophagus. They had learned that the brain controls everything in your body and without it you couldn't do anything, not even stay alive. The children were very amused when the brain (on the screen), interrupted Seb when he was talking, and got told off by the teacher. Seb was less amused as the brain had not showed any manners.

The children also told me how they had helped Harold and his friend Derrick, the Penguin to compromise and work together and how when there was only one part in a play that they both wanted, they were able to do a double-act, and both take part.



Diamond Class: Our new journalists in Diamond class, Grace and Ewan produced this report.

On Monday, all of Diamond Class went into the SCARF tent which was in the hall. We've been in the tent lots of times as it has come every year except in lockdown. We learned more about friendship as we watched videos, had group activities and discussions. We enjoyed working in our groups.

We learned that if you do not want to do something you can say no to your friend and stick with it, but you should say things in a polite way, so you don't fall out. You can have your own ideas and don't have to say yes to everything your friends suggest. We also learned about healthy bodies and healthy minds and found out that children should have 10-12 hours' sleep a night and we should limit sugary treats to one a day. It was enjoyable being in the tent, especially if you got to sit near the fan and enjoy the cool breeze.



Today, the children in Emerald and Ruby classes had a fantastic opportunity to try something a little different. Terry Price from Scooter Academy came to give the children a chance to learn some stunts and skills. He amazed the children in an outside assembly where he performed a number of skills including a back flip and talked to them about 'Practice makes Progress' and the importance of showing determination and resilience. He, then took groups of 15 at a time to have a go on the scooters.



The children were taken through a range of activities to develop their balance and confidence. They then started some tricks such as one hand off, touching their foot, jumping and landing back on the scooter and crouching or even sitting as they scooted along. The children were encouraged to keep trying so they would make progress. There was some great resilience shown when children did fall off, as they got up (maybe needing a plaster) then quickly joined in again so they didn't miss out. The children got stuck in and they all made great progress. They obviously had a lot of fun at the same time. I would not be surprised to hear of children asking their parents to get a stunt scooter and to look out for local clubs.



Have a lovely weekend,

Jeremy Fisher

BIRTHDAYS THIS WEEK



Sapphire
Esme



STARS OF THE WEEK

Ruby

- ✚ Lucia for great participation in activities.
- ✚ Lily for fantastic learning and helping others.

Sapphire

- ✚ Eloise for trying really hard on her presentation.
- ✚ Luca for fantastic joining in Read, Write, Inc lessons.

Emerald

- ✚ Lucas for working hard and being a good role model.
- ✚ Arthur for being a good friend to others.

Diamond

- ✚ Sienna for her fantastic contribution in lessons.
- ✚ Grace for her super attitude and her hard work.

ATTENDANCE THIS WEEK

**Whole School
Attendance – 95.5%**

Whole School Target Set – 96%

Please contact school every day of any absence. This can be done by calling **01279 723 204, Option 1** and then leaving a message on the absence line.

If you are going to be late, please also advise the school office to ensure a meal is ordered in time.



NOTICES

✚ **Walk to School Week** is from **Monday 23rd to Friday 27th September**. Children, parents and carers are invited to walk, scoot, ride, park and stride to school. We have arranged with The Three Horseshoes Pub for parents to use their car park to park and stride. Staff & PCSO's will be on hand to walk with children to school. On **Wednesday 25th September**, children are invited to take part in **Wacky Wednesday** where they can wear something wacky in addition to their school uniform. This could be a special badge, hat, hair band or scarf.

✚ **The Gardening Club** resumes on **Wednesday 25th September** for children in **Years 3-6**.

✚ **Gourmet Burger & Hot Dog Fun Day Menu** – on **Thursday 3rd October**, we will be holding another fun day menu. The cost of this delicious 2 course meal remains the same as the school's normal price of £3.35 (Y3-6) and £2.70 (Nursery). Children who normally have a packed lunch are invited to join in. **No additional charges are incurred. There is no need to pre-order your meal, children can choose their option on the day.**

MENU w/c 23rd September 2024

Day	Menu
Monday	<ul style="list-style-type: none"> ❖ Pork Sausages with Gravy (Red) ❖ Cheese & Tomato Quiche (V) (Green) ❖ Jacket Potato (Yellow) ❖ Cheese Roll (Blue)
Tuesday	<ul style="list-style-type: none"> ❖ Herb Crusted Chicken with Spaghetti Marinara (Red) ❖ Mild Sweet Potato & Chickpea Curry (Ve) (Green) ❖ Jacket Potato (Yellow) ❖ Cheese Roll (Blue)
Wednesday	<ul style="list-style-type: none"> ❖ Roast Beef (Red) ❖ Mince Slice (Ve) (Green) ❖ Jacket Potato (Yellow) ❖ Cheese Roll (Blue)
Thursday	<ul style="list-style-type: none"> ❖ Quorn Hot Dog (Red)

DATES FOR YOUR DIARY

Date	Event
23/09/24 – 27/09/24	Walk to School Week
03/10/24	Gourmet Burger Fun Menu
07/10/24	Y6 TLM
07/10/24	Harvest Service
14/10/24	Individual Photos
24/10/24	Sapphire Trip to Stansted Aerozone
25/10/24	PTA Film Night
28/10/24 – 01/11/24	Half Term
31/10/24	Year 6 Deadline to Apply for Secondary School Place
21/11/24	Nasal Flu Vaccinations
29/11/24	Occasional Day
02/12/24	Christmas Decoration Day
11/12/24	Emerald Class Last Swimming Lesson
12/12/24	Panto
18/12/24	Christmas Lunch
20/12/24	Last Day of Term

	<ul style="list-style-type: none"> ❖ Cheesy Spring Vegetable Bake (V) (Green) ❖ Jacket Potato (Yellow) ❖ Cheese Roll (Blue)
Friday	<ul style="list-style-type: none"> ❖ Battered Fish Fillet (Red) ❖ Cheese & Tomato Pizza (V) (Green) ❖ Jacket Potato (Yellow) ❖ Cheese Roll (Blue)



**SCHOOL
DINNERS**

23/12/24 – 03/01/24	Christmas Break
06/01/25	Inset 3
07/01/25	Inset 4
08/01/25	First Day Back
15/01/24	Nursery Deadline to apply for a Reception Place
17/02/25 – 21/02/25	Half Term
24/02/25	First Day Back
04/04/25	Last Day of Term
07/04/25 – 21/04/25	Easter Break
22/04/25	First Day Back
05/05/25	Early May Bank Holiday
26/05/25 – 30/05/25	Half Term



GOOD TRAVEL PLAN 2024

BREAKFAST CLUB

8am - 8.40am everyday
cooked breakfast
served at 8am



£4.50 per session payable via arbor

NB late arrivals will not be catered for cooked breakfast

Please book 24 hours ahead to ensure availability

Promoting a healthy and active lifestyle

AFTER SCHOOL Sports Clubs

Spellbrook C of E Primary School

3:20-4:20pm

Football



Tuesdays

Dodgeball



Thursdays

Footballers must bring trainers or astro turf trainers, shin pads, long socks, PE kit or sports wear, and goalie gloves if wanting to play in goal.

Please ensure children are collected on time at 4:20pm, or a late collection fee may be charged as per terms of our service.

£42 for 7 weeks

Starting week commencing 9th September

Keep fit, make friends and have fun!

Book online at:
gjwsports.co.uk

www.gjwsports.co.uk

SAWBO
DESIGN CO.

fit
INITIATIVE

FUNCTIONAL
FITNESS

Ofsted
Registered

GJW
SPORTS



Club Fee
£7.75 a week

THE SECRET ART CLUB

With Artist Caroline Clark

Activities:

- Painting
- Printing
- Drawing
- Pottery
- Collage
- And more!

Date:

Weekly, starting on Friday 13th September 2024, 3.20 - 4.30 pm
NB SORRY, NO ART CLUB ON 20th/27th SEPTEMBER

TO BOOK

www.carolineclarkartist.com or
Caroline Clark (Caz) 07847269734

Address

Spellbrook C of E
Primary School,
Spellbrook

For school
years 1-6



Spellbrook Primary School

StageSteps Dance and Acting Class

Taught by an industry professional, this innovative class will seamlessly blend the worlds of dance and acting to provide a unique and engaging experience. Our students explore diverse dance styles, from Street to Musical, while also delving into the art of acting through script reading, character development, and stage dynamics. The fusion class not only nurtures creativity but also builds confidence in expression, whether through movement or theatrical performance. Stretch and refine dance techniques, understand the skills of stage acting and combine the two to participate in exciting term projects showcased to friends and family.

Each child will be taught based on their own ability and growth, it doesn't matter how experienced/inexperienced they are, they will achieve in their own personal way, and they will have the most fun doing it!

When?

Every Monday after school

3:20pm-4:20pm

Term time only

Starting 9th September 2024

How do I sign up?

Please visit the website: www.stagesteps.co.uk and click the 'Sign Up' button to complete your sign up form.

Here is the link <https://www.stagesteps.co.uk/sign-up>

Year 2-6 welcome

Payment details:

StageSteps Dance and Acting Class is only £78 per term.

You will receive an invoice for the term shortly after you submit your sign up form.

I can't wait to meet your superstars! ✨

[SIGN UP | StageSteps](#)

Well Bean Gardening



Learning through growing
Growing through learning

Get close to nature with
our Gardening Club
Wednesdays from 3.20pm-4.30pm
Starts again September 25



- Spellbrook's Gardening Club meets on Wednesdays and is open to Years 3, 4, 5 & 6. Limited spaces available
- £30.00 for five sessions Sept 25 to Oct 23
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
 - Working to improve the school gardens
 - Taking part in the RHS Campaign for School Gardening Award Scheme - LEVEL 5

If you would like your child to attend, please return the slip below to the school office before Wednesday Sept 25 and make a payment of £30 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: Year group:

Your name: Phone number:

Email:

Any allergies or medical issues that we need to be aware of*:

*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook & Instagram page (please check out and like) and every week an update of what we get up to at the club will be posted.

If you DO NOT want photos of your child to be used on social media please tick the box: (Please note that children are never named)

Email: wellbeangardening@gmail.com
Mobile: 07817 528652

facebook.com/wellbeangardening
Instagram: @wellbeangardening

Gourmet Burger & Hot Dog Fun Day Menu

Thursday 3rd October 2024

Menu

Beef Burger in a Bun (Red)

Or

Quorn Hot Dog (V) (Green)

Or

Jacket Potato (V) (Yellow)

Cheese Roll (V) (Blue)

Sides

Potato Wedges

Pasta

Sweetcorn

Baked Beans

Dessert

Cookies, Jelly or Fruit



fab science

HOLIDAY CAMPS

Join us for 5 hours of Fab Science fun in the holidays! Camps run 10am to 3pm and are open to all children aged 5-11 years.

For more information visit the Fab Science website.

BOB THE SKELETON



£37 per child

Sibling discount available

Welcome to Brilliant Bodies

BRILLIANT BODIES

Have fun finding out about our amazing brains, discover how poo is made, see inside a real heart and meet the Fab Science skeleton, Bob!



Monday 28th October
Cambridge (Queen Edith)

Tuesday 29th October
Saffron Walden (RAB)

Wednesday 30th October
Hertford (St Joseph's in the Park)

Thursday 31st October
Bishop's Stortford (Thorn Grove)

Friday 1st November
St Albans (Garden Fields)

BOOK NOW AT: WWW.FABSCIENCE.CO.UK ...AND WE DO FAB SCIENCE PARTIES TOO!

Beezee FAMILIES



Sign up to our FREE masterclass

How to help your child overcome emotional eating

Date: Monday 30 September 2024 Time: 6pm-7pm

This one-hour online session by our nutritionists can help you:

- Understand the complexities of emotional eating.
- Get practical tips to create a balanced approach to food.
- Learn how to empower your child.
- Manage their emotions in healthier ways.

This masterclass is available to all parents and carers, whatever your child's age.



Secure your

FREE SPOT today!

Scan or click the QR code

Need a hand signing up?
Email BZBinfo@maximusuk.co.uk



Hertfordshire