



## NEWSLETTER – 12<sup>th</sup> September 2025

**VALUE: Respect**

**'Do to others as you would have them do to you.' Matthew 7:12**

### FROM THE HEADTEACHER

It has been a real pleasure to begin meeting many of our families during drop-off and pick-up times this week. I am gradually getting to know more names each day, which is both helpful and heartening. Thank you for the warm welcome and for taking the time to introduce yourselves — it is very much appreciated.

It has been a truly wonderful and productive first full week back at Spellbrook C of E Primary School, marked by many exciting 'firsts' for our pupils.

We were delighted to hold our very first singing assembly, during which the children began learning a selection of beautiful songs in preparation for our upcoming Harvest celebrations. We are looking forward to welcoming families to the church service on the 7th of October and will provide further details in due course.

This week, we also had the pleasure of welcoming our Reception Class to join us for lunch, helping to foster a sense of community and friendship across the year groups.

Emerald Class showed great enthusiasm as they embarked on their very first swimming lessons, demonstrating courage and determination in the pool.

In the classroom, our children have been busy learning new phonics sounds and exploring a variety of engaging topics designed to inspire their curiosity and deepen their understanding.

Looking ahead to next week, we are very pleased to announce that SCARF Life will be returning to Spellbrook with their wonderful interactive tent, which will be set up in the school hall on Monday. This initiative supports our commitment to promoting wellbeing and life skills across the school.

Finally, we would like to express our sincere gratitude to all the parents and carers who attended the 'Meet the Teacher' sessions after school this week. For those who were unable to join us, each teacher has prepared an information sheet which will be made available to you. We hope everyone has a restful and enjoyable weekend, and we look forward to another successful week ahead.

Have a lovely weekend.

Carly Cousins

## BIRTHDAYS THIS WEEK



Ruby  
Ellie

Diamond  
Lara



## STARS OF THE WEEK

### Ruby

- ❖ Isabella for great listening and joining in.

### Sapphire

- ❖ Axl for super effort in maths and great pattern finding.
- ❖ Lily for being super confident in science class.

### Emerald

- ❖ Scarlett for excellent effort in maths.
- ❖ Connor for excellent knowledge and effort in science.

### Diamond

- ❖ Shakti for super focus in English and for sharing her amazing ideas.
- ❖ Harry F for his focus and enthusiasm in maths.

## ATTENDANCE THIS WEEK

**Whole School  
Attendance – 95.86%**

**Whole School Target Set – 96%**

Please contact school every day of any absence. This can be done by calling **01279 723 204, Option 1** and then leaving a message on the absence line.

**If you are going to be late, please also advise the school office to ensure a meal is ordered on time.**



## NOTICES

- ❖ **SCARF Life Tent** – on **Monday 15<sup>th</sup> September** as part of our PSHE curriculum, each class will have a session with Katy our facilitator. Katy will be available at the end of the school day to chat with parents about the different skills the children have learnt. Please do pop in! Entrance will be through the main school reception.
- ❖ **Art Club resumes** on **Friday 19<sup>th</sup> September**.
- ❖ **Gardening Club resumes** on **Wednesday 24<sup>th</sup> September** for children in **Years 3 to 6**. More details to follow next week.

- ❖ **PE Days are as follows:**

Class	PE Day
Ruby	Thursday and Friday
Sapphire	Monday and Thursday
Emerald	Tuesday and Wednesday (Swimming)
Diamond	Tuesday and Friday

## MENU w/c 15<sup>th</sup> September 2025

Day	Menu
Monday	<ul style="list-style-type: none"> <li>❖ Chicken &amp; Sweetcorn Meatballs with a Tomato Sauce (Red)</li> <li>❖ Breaded Bean &amp; Vegetable Grill (Ve) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>❖ Beef Bolognese (Red)</li> <li>❖ Mild Sweet Potato &amp; Chickpea Curry (Ve) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>❖ Roast Pork (Red)</li> <li>❖ Creamy Quorn &amp; Sweetcorn Pasta Bake (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>❖ Quorn Hot Dog (V) (Red)</li> <li>❖ Roasted Veg Lasagne (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Friday	<ul style="list-style-type: none"> <li>❖ Fish Fillet Fingers (Red)</li> <li>❖ Cheese &amp; Tomato Pizza (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>



**SCHOOL  
DINNERS**

## DATES FOR YOUR DIARY

Date	Event
19/09/25	Art Club Resumes
24/09/25	Gardening Club Resumes
07/10/25	Harvest Service
20/10/25	Individual Photos
23/10/25	Nasal Flu Vaccinations
24/10/25	Inset 2 (School Closed)
27/10/25 – 31/10/25	Autumn Half Term 2025
26/11/25	Emerald Class Last Swimming Lesson
27/11/25	Panto
28/11/25	Occasional Day (School Closed)
18/12/25	Christmas Service
19/12/25	Last Day of Term
05/01/26	Inset 3 (School Closed)
06/01/26	Inset 4 (School Closed)
07/01/26	First Day Back
16/02/26 – 20/02/26	Spring Half Term 2026
23/02/26	First Day Back
27/03/26	Last Day of Term
30/03/26 – 10/04/26	Easter Break
13/04/26	First Day Back
04/05/26	Early May Bank Holiday 2026
22/05/26	Inset 5 (School Closed)
25/05/26 – 29/05/26	Summer Half Term 2026
01/06/26	First Day Back
23/07/26	Last Day of Term



GOOD TRAVEL PLAN 2025



# BREAKFAST CLUB

8am - 8.40am everyday  
cooked breakfast  
served at 8am



£4.50 per session payable via arbor

NB late arrivals will not be catered for cooked breakfast

Please book 24 hours ahead to ensure availability

# AFTER SCHOOL Sports Clubs

Spellbrook C of E Primary School

3:20-4:20pm

Football



Tuesdays

Dodgeball



Thursdays

Let's Go!

Footballers must bring trainers/astro turf trainers, shin pads, long socks, PE kit or sports wear, and goalie gloves if playing in goal.

£50.40 per club for 7 weeks

Starting week commencing 8th September

Keep fit, make friends and have fun!

Book online at: [gjwsports.co.uk](http://gjwsports.co.uk)

[www.gjwsports.co.uk](http://www.gjwsports.co.uk)



Little Lounger™

FUNCTIONAL FITNESS



SAWBO DESIGN CO.



## Spellbrook after school mindfulness club

Wednesdays 3.20-4.30

Mindful crafts, group games, yoga, breathwork and simple meditation- working on mindfulness, self esteem and emotional regulation.

Year 1-6

£7 per session, paid each half term

To book please email the address below!



[hannah.rainbowrelaxation@gmail.com](mailto:hannah.rainbowrelaxation@gmail.com)  
[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



## Spellbrook lunchtime mindful crafting club

Thursdays 12.15-12.45 in the library

Mindful crafts such as weaving, colouring, collages, drawing and much more- all working on mindfulness, self esteem and emotional regulation.

Year 1-6

£3.50 per session, paid each half term

To book please email the address below!



[hannah.rainbowrelaxation@gmail.com](mailto:hannah.rainbowrelaxation@gmail.com)  
[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



# Well Bean Gardening

Learning through growing  
Growing through learning

Join our Wednesday After-School  
Gardening Club  
3.20pm-4.30pm



- Spellbrook's Gardening Club meets on Wednesdays and is open to Years 3, 4, 5 & 6. Limited spaces available
- £31.25 for five sessions Sept 24 - Oct 22
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
  - Working to improve the school gardens
  - Collecting and sowing seeds
  - Continuing to develop the Sensory garden

If you would like your child to attend, please return the slip below to the school office before Wednesday Sept 24 and make a payment of £31.25 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: ..... Year group: .....

Your name: .....Phone number:.....

Email: .....

Any allergies or medical issues that we need to be aware of\*: .....

\*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook & Instagram page (please check out and like) and every week an update of what we get up to at the club will be posted.

If you DO NOT want photos of your child to be used on social media please tick the box: (Please note that children are never named)

Email: wellbeangardening@gmail.com

facebook.com/wellbeangardening

Mobile: 07817 528652

Instagram: @wellbeangardening



## GET YOUR OLD BIKES ROLLING AGAIN

### Community Bike Drop

Do you have a bike you no longer need and would like it to go to a new home? If the answer is yes, we will take it, service it and pass it on to a new home that needs it.

**Hertford Rugby Club, Hoe Lane, Ware SG12 9NZ**  
**Sunday 14th September 2025**  
**9am to 1pm**

For more info contact Lucy Hunter: [lucy\\_hunter38@yahoo.co.uk](mailto:lucy_hunter38@yahoo.co.uk)



## TRAINING SESSIONS

<b>THURS</b>	<b>U14'S</b>	<b>6PM-7PM</b>
	<b>U16'S</b>	<b>7PM-8PM</b>
	<b>U18'S</b>	<b>8PM-9:30PM</b>

<b>FRI</b>	<b>GIRLS</b>	<b>6PM-7PM</b>
	<b>COMMUNITY</b>	<b>7PM-8PM</b>



**LOCATION**  
BIRCHWOOD SPORTS HALL



EMAIL: [HEADCOACH@STORTFORDVIKINGS.CO.UK](mailto:HEADCOACH@STORTFORDVIKINGS.CO.UK)

## Sunday 21 September 3pm Richard Carr Organ Recital



a rich programme of music including Bach, Finzi, Holst, Rawsthorne, Vaughan-Williams and Walton

St Michael's Church, Bishop's Stortford  
FREE admission with retiring collection  
Tea and cake served afterwards



[www.saintmichaelweb.org.uk](http://www.saintmichaelweb.org.uk)



# Looking for healthy after-school snack ideas?

**We've got you covered!**

Our free, Beezee Families healthy lifestyle programme can help your family make healthy habits.

## Tuck into these healthy snacks:

- Two wholegrain crackers and tzatsiki
- Rice cakes or corn cakes
- Two crackers with a spread of low-fat cream cheese and cherry tomatoes
- Plain or Greek yoghurt and fruit
- 150ml homemade fruit smoothie
- Vegetable sticks (carrot/pepper/cucumber) with hummus
- Fruit kebabs
- Wholegrain toast with a thin layer of peanut butter
- Breadsticks
- Ayran (yoghurt-based drink)
- Baked plantain
- Sebze kebab (grilled vegetable skewers)
- Homemade fruit ice lollies
- Handful of homemade popcorn
- Apple slices with peanut butter.

Hertfordshire

**Want more healthy lifestyle support?**  
Check out our website to find out how we can help your family.\*

Scan here  
or  
Click the link



[hrt.maximusuk.co.uk](http://hrt.maximusuk.co.uk)

\*Our courses are designed for families with children aged 5 and up

## FREE Healthy Lifestyle support for families in Hertfordshire

Our **FREE 12 week in-person and online programmes**  
start on **week commencing 22nd September 2025**

Monday	Tuesday	Wednesday	Thursday
BOREHAMWOOD Aberford Park Community Centre, WD6 1PN 4:30 - 6:30pm	WATFORD Holywell Community Centre Chaffinch Lane, WD18 9QD 5:30 - 7:30pm	STEVENAGE Oval Community Centre SG1 5RD 5:30 - 7:30pm	HEMEL HEMPSTEAD Hobletts Manor Junior School HP2 5JS 5:00 - 7:00pm
CHESHUNT Andrews Lane Primary School, EN7 6LB 4:30 - 6:30pm	<b>** NO SESSION **</b>	HATFIELD Birchwood Avenue Primary School, AL10 0PS 5:00 - 7:00pm	<b>** NO SESSION **</b>
ONLINE (ages 5 - 8) 5:30 - 6:30pm (ages 9 - 12) 6:30 - 7:30pm	ONLINE (ages 5 - 8) 5:30 - 6:30pm (ages 9 - 12) 5:30 - 6:30pm (ages 9 - 12) 6:30 - 7:30pm	ONLINE (ages 9 - 12) 5:30 - 6:30pm	<b>** NO SESSION **</b>

Sign up today!



[hrt.maximusuk.co.uk](http://hrt.maximusuk.co.uk)

@ [BZBinfo@maximusuk.co.uk](mailto:BZBinfo@maximusuk.co.uk)

01707 248 648

Hertfordshire

Our programmes are for children above their ideal weight, see our website for more information.