



## NEWSLETTER – 19<sup>th</sup> September 2025

**VALUE: Respect**

**'Do to others as you would have them do to you.' Matthew 7:12**



### FROM THE HEADTEACHER

This week has been filled with exciting learning opportunities for all our pupils, and we are so proud of the effort and enthusiasm they continue to show each day. It is wonderful to see children engaged in their lessons, working collaboratively with their peers, and taking pride in their achievements. Thank you for your ongoing support in helping us to create a positive, welcoming, and safe school environment where every child can thrive.

On Monday 15<sup>th</sup> September, we were delighted to welcome a very special visitor to our school. The session introduced the children to some wonderful characters who helped us explore several important themes: calming the busy mind, taking care of our feelings, persevering even when things feel challenging, and understanding the wide range of emotions we experience in everyday life. Each class had the opportunity to participate in this interactive session, and the feedback from both staff and pupils was overwhelmingly positive. The children enjoyed the activities and engaged thoughtfully with the messages shared. Please take a moment to look through the attached photographs, which capture some of these memorable moments from the day.

Looking ahead, we are very excited to be taking part in Sawbridgeworth Travel Challenge Week, which will run from Monday 22<sup>nd</sup> to Friday 26<sup>th</sup> September. This initiative is a fantastic opportunity to encourage healthier and more sustainable travel habits while helping to reduce traffic congestion around the school gates. We would like to encourage as many children as possible to walk, cycle, or scoot to school each day during this week. Not only does this promote physical activity, but it also contributes to lower carbon emissions, benefiting the environment and the local community.

If walking all the way from home is not possible, we would be grateful if you could consider parking at the Three Horseshoes pub. Two members of staff will be there each morning to assist children in crossing the road safely, and we will walk together from this point at around 8:40am. Alternatively, parking in the laybys just outside school is also an option, and these partial journeys will still count towards our travel challenge efforts. Your participation in this initiative will make a significant difference and set a positive example for the children about sustainable travel choices.

Thank you once again for your continued support. We hope you have a restful and enjoyable weekend with your families, and we look forward to welcoming everyone back on Monday for another busy and productive week of learning.

Kind regards,

Carly Cousins

## BIRTHDAYS THIS WEEK



Sapphire  
Esme  
Ralph



## STARS OF THE WEEK

### Ruby

- ❖ Adam for great joining in with learning.
- ❖ Ellie for great team focus and helping others.

### Sapphire

- ❖ Joshua for super effort in Read, Write Inc lessons.
- ❖ Esme for super effort in all lessons.

### Emerald

- ❖ Kenzy for great enthusiasm across all subjects.
- ❖ Caitlyn for amazing vocabulary in English.

### Diamond

- ❖ Arthur for his fabulous focus and writing in English.
- ❖ Poppy for always being ready and for pushing herself in lessons.

## ATTENDANCE THIS WEEK

**Whole School  
Attendance – 93.85%**

**Whole School Target Set – 96%**

Please contact school every day of any absence. This can be done by calling **01279 723 204, Option 1** and then leaving a message on the absence line.

**If you are going to be late, please also advise the school office to ensure a meal is ordered on time.**



## NOTICES

- ❖ **Sawbridgeworth Travel Challenge** starts on **Monday 22<sup>nd</sup> to Friday 26<sup>th</sup> September**. Children are encouraged to walk, scoot or cycle to school next week. If it is not possible to walk all the way, then it would be great if you could park at the **Three Horseshoes Pub** where there will be two members of staff to help with crossing the road. We will leave around 8.40 am.
- ❖ **Gardening Club resumes on Wednesday 24<sup>th</sup> September** for children in **Years 3 to 6**. More details to follow next week.

## MENU w/c 22<sup>nd</sup> September 2025

Day	Menu
Monday	<ul style="list-style-type: none"> <li>❖ Chicken Curry (Red)</li> <li>❖ All Day Breakfast (Omelette, Grilled Tomato, Beans) (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>❖ Quorn Burger in a Bun (Red)</li> <li>❖ Beany Seashell Pasta (Ve) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>❖ Roast Chicken (Red)</li> <li>❖ Cheesy Spring Vegetable &amp; Potato Bake (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>❖ Pork Sausages with Gravy (Red)</li> <li>❖ Sweet &amp; Sour Quorn (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>
Friday	<ul style="list-style-type: none"> <li>❖ Battered Fish Fillet (Red)</li> <li>❖ Cheese &amp; Tomato Pizza (V) (Green)</li> <li>❖ Jacket Potato (Yellow)</li> <li>❖ Cheese Roll (Blue)</li> </ul>



**SCHOOL  
DINNERS**

## DATES FOR YOUR DIARY

Date	Event
22/09/25 – 26/09/25	Sawbridgeworth Travel Challenge
24/09/25	Gardening Club Resumes
07/10/25	Harvest Service
20/10/25	Individual Photos
23/10/25	Nasal Flu Vaccinations
24/10/25	Inset 2 (School Closed)
27/10/25 – 31/10/25	Autumn Half Term 2025
26/11/25	Emerald Class Last Swimming Lesson
27/11/25	Panto
28/11/25	Occasional Day (School Closed)
18/12/25	Christmas Service
19/12/25	Last Day of Term
05/01/26	Inset 3 (School Closed)
06/01/26	Inset 4 (School Closed)
07/01/26	First Day Back
16/02/26 – 20/02/26	Spring Half Term 2026
23/02/26	First Day Back
27/03/26	Last Day of Term
30/03/26 – 10/04/26	Easter Break
13/04/26	First Day Back
04/05/26	Early May Bank Holiday 2026
22/05/26	Inset 5 (School Closed)
25/05/26 – 29/05/26	Summer Half Term 2026
01/06/26	First Day Back
23/07/26	Last Day of Term



GOOD TRAVEL PLAN 2025



# BREAKFAST CLUB

8am - 8.40am everyday  
cooked breakfast  
served at 8am



£4.50 per session payable via arbor

NB late arrivals will not be catered for cooked breakfast

Please book 24 hours ahead to ensure availability

# AFTER SCHOOL Sports Clubs

Spellbrook C of E Primary School

3:20-4:20pm

Football



Tuesdays

Dodgeball



Thursdays

Let's Go!

Footballers must bring trainers/astro turf trainers, shin pads, long socks, PE kit or sports wear, and goalie gloves if playing in goal.

£50.40 per club for 7 weeks  
Starting week commencing 8th September

Keep fit, make friends and have fun!

Book online at:  
[gjwsports.co.uk](http://gjwsports.co.uk)

[www.gjwsports.co.uk](http://www.gjwsports.co.uk)



Little Lounger™

FUNCTIONAL FITNESS



## Spellbrook after school mindfulness club

Wednesdays 3.20-4.30

Mindful crafts, group games, yoga, breathwork and simple meditation- working on mindfulness, self esteem and emotional regulation.

Year 1-6

£7 per session, paid each half term

To book please email the address below!



[hannah.rainbowrelaxation@gmail.com](mailto:hannah.rainbowrelaxation@gmail.com)  
[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



## Spellbrook lunchtime mindful crafting club

Thursdays 12.15-12.45  
in the library

Mindful crafts such as weaving, colouring, collages, drawing and much more- all working on mindfulness, self esteem and emotional regulation.

Year 1-6

£3.50 per session, paid each half term

To book please email the address below!



[hannah.rainbowrelaxation@gmail.com](mailto:hannah.rainbowrelaxation@gmail.com)  
[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



# Well Bean Gardening

Learning through growing  
Growing through learning

Join our Wednesday After-School Gardening Club  
3.20pm-4.30pm



- Spellbrook's Gardening Club meets on Wednesdays and is open to Years 3, 4, 5 & 6. Limited spaces available
- £31.25 for five sessions Sept 24 - Oct 22
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
  - Working to improve the school gardens
  - Collecting and sowing seeds
  - Continuing to develop the Sensory garden

If you would like your child to attend, please return the slip below to the school office before Wednesday Sept 24 and make a payment of £31.25 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: ..... Year group: .....

Your name: ..... Phone number: .....

Email: .....

Any allergies or medical issues that we need to be aware of\*: .....

\*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook & Instagram page (please check out and like) and every week an update of what we get up to at the club will be posted.

If you DO NOT want photos of your child to be used on social media please tick the box: (Please note that children are never named)

Email: wellbeangardening@gmail.com  
Mobile: 07817 528652

facebook.com/wellbeangardening  
Instagram: @wellbeangardening

# Air-Mazing Saturday

When - Saturday 27th September.

Time - Between 11am to 2pm

Where - Sawbridgeworth Cricket Club Field  
(access is via Bell Street Car parks or London Road or Fayre Green)

Dear Parents, Carers and Families

On Air-Mazing Saturday the Coop and The Mobile Cycle Doctor will be joining us. In addition to providing the children with delicious fruit kebabs they will be offering free bicycle safety checks and minor repairs. So please feel free to bring along your family bicycles.

Hertfordshire Police are also offering free bicycle marking too.

Central  
coop  
Membership

MOBILE  
CYCLE  
DOCTOR



CHILDCARE  
VOUCHERS  
ACCEPTED



OCTOBER  
2025

# TECH & STEM CAMP

WITH TAKE HOME INVENTIONS!

GET READY FOR SPOOKY TECH FUN!

Robots



Inventions

Minecraft +LEGO



Engineering

VR



Tech Fun!



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Northgate Primary School, CM23 2RL

Ages 5-11, 9 am - 4 pm daily  
£39.99 per day

5 days  
for only

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Save £25!

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# OCTOBER HALF TERM 2025

What's on?

Different activity theme each day, please check website for your specific camps activities



REVOLTING  
ROBOTS



EERIE  
ENGINEERING



MYSTERY  
MINECRAFT



SPOOKY  
FILM MAKING



TERRIFYING  
TECH FUN

NEW Take Home Inventions



27th - 31st October LIMITED SPACES

WHAT TO EXPECT:

At Next Thing Education, our goal is to ignite curiosity, fuel creativity, and empower young minds for the future!

This October, children will explore micro-robots, video game design, LEGO WeDo2, animation, augmented reality, 3D pens, movie making, VR, Minecraft Marvel, and even launch their own science rockets — with a Spooky Dress-Up Friday to finish the week!

★★★★★  
"My son LOVED camp — he came home buzzing, with the things he made!"  
Kate Sarjeant - Google Review

★★★★★  
"My son had a wonderful time and was begging to go again."  
Gill Coleman - Google Review

★★★★★  
"Staff who truly care about children and will ensure that they enjoy the camp."  
Irina Shmatova - Google Review

LIMITED SPACES, BOOK YOUR CHILD'S PLACE TODAY!

W: www.nextthing.education T: 01442 873150

# HALF TERM FUN!



## The Haunted Treasure Chest

Mon 27<sup>th</sup> Oct | 2pm | £16.50 | £14.50 Concs. | 3+

A spook-tacular family adventure! When some unlikely pirates stumble upon a mysterious treasure chest, they accidentally unleash a mischievous ghost who sends them on a wild treasure hunt. Along the way, they'll encounter puppet friends, thrilling illusions, toe-tapping sea shanties, and laugh-out-loud comedy.



## Kids Crafts - Bats and Cats

Tue 28<sup>th</sup>, Wed 29<sup>th</sup> & 30<sup>th</sup> Oct

Drop in between 10am-2pm | £1 per child | Ages 3-11

Our favourite Halloween animals. Make a flapping bat or smiling cat. Drop in between 10 am - 2 pm - Let us know you're coming below - your £1 donation can be paid on the day.



## An Inclusive Workshop with Herts Inclusive Theatre

Tue 28<sup>th</sup> Oct | 2pm | £7 | (£3.50 Sibling ticket) | Ages 6-12

The workshop will include drama games, creative activities, and some devised script work. The workshop is open to all abilities and levels and will be a great introduction to drama techniques. **Half-price Sibling Ticket available when you buy a Standard Ticket.**



## Adventures in Science

Wed 29<sup>th</sup> Oct | 2pm | £16.50 | £14.50 Concs. | 6+

Join 'The Magical Mr West' on an incredible adventure into the world of science! Aided by his corvid companion Crowbert and a collection of curious contraptions, Mr West demonstrates the fundamental principles of scientific enquiry, exploring everything from supersonic speediness to malicious misinformation.



## Dinosaur Adventure Live: The Big Jurassic Storm

Thu 30<sup>th</sup> Oct | 11.30am & 2pm | £17 | £19 Premium 'Danger Zone' | 4+

Are you ready for a BRAND NEW ADVENTURE?! When a satellite tasked with controlling the island's weather systems malfunctions, chaos erupts. The island's tropical climate spirals leading to one big JURASSIC STORM. If not stopped, it will erase all existence of the island... forever!



## Kids Halloween Party

Fri 31<sup>st</sup> Oct | 2pm & 4pm | £9 per child | Ages 5-10

Get ready for a frightfully fun time with a magic show, party games, and a ghoulishly good disco — the perfect way to keep your little monsters entertained this Halloween! Costumes are encouraged — the spookier, the better! All children must be accompanied by a parent or carer. Running time: 1hr 30mins.

South Mill Arts  
Kids Activities



Check out our spooktacular lineup of events this Half Term!  
southmillarts.co.uk



## Half Term Rugby Camps Fun, Fitness & Friendship!

Girls & Boys - Ages 8 - 12 - All abilities welcome



### When and where is it?

27<sup>th</sup> Oct - 31<sup>st</sup> Oct 2025  
Herts & Essex Sports Centre  
Bishops Stortford

### What time is it?

9 am - 3.30 pm  
Morning, afternoon and full  
day sessions available

### How much is it?

Half Day - £40 or Full Day £70  
Max of 15 children per session

### How can I book?

- Visit our website at [www.myrugbyacademy.com](http://www.myrugbyacademy.com)
- Email us at [info@myrugbyacademy.com](mailto:info@myrugbyacademy.com)

- ✓ Build confidence & resilience
- ✓ Learn new & develop skills
- ✓ Supportive Coaching
- ✓ Make new friends

All Coaches are RFU Qualified and Enhanced DBS Cleared

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## PRO-KARATE ACADEMY

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## TEACHING SELF ESTEEM

HELPING YOU WORK AS A TEAM, TARGETS AND GOAL SETTING

## THROUGH

EMPOWERING THEM WITH LIFE SKILLS THROUGH MARTIAL ARTS

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Classes are fun, exciting and a great place to make new friends



[www.pro-karate.co.uk](http://www.pro-karate.co.uk)  
07545 583389  
[senseichelsea@yahoo.co.uk](mailto:senseichelsea@yahoo.co.uk)



## PKA LESSON TIMES

Advanced and Elite Classes Also Available  
Please Contact For More Information

### MONDAY

HILLMEAD PRIMARY SCHOOL, WOBURN AVENUE, BISHOPS STORTFORD, HERTS CM23 4PW  
Beginners 4.30pm - 5.15pm Intermediate 5.15pm - 6.00pm Advanced 6.00pm - 7.00pm

CHURCH LANGLEY WAY, HARLOW, ESSEX CM17 9TH  
NEW CLASS Beginners 5.00pm - 5.45pm

### TUESDAY

HIGH WYCH MEMORIAL HALL, SAWBRIDGEWORTH, HERTS CM21 0HX  
NEW CLASS 3-5 Years Mini Pros 4.15pm - 4.45pm Novice and Intermediate 4.45pm - 5.30pm

### WEDNESDAY

SAWBRIDGEWORTH MEMORIAL HALL, THE FOREBURY, SAWBRIDGEWORTH, HERTS CM21 9BD  
Beginners 4.15pm - 5.15pm

HARLOW JUDO CLUB, FOLD CROFT, HARLOW, ESSEX CM20 1SE  
Beginners 5.00pm - 5.45pm Intermediate & Advanced 5.45pm - 6.45pm

### THURSDAY

AGE CONCERN HALL, PRIORY STREET, WARE, HERTS SG12 0DE  
Beginners 4.15pm - 5.00pm Novice 5.00pm - 6.00pm

### FRIDAY

R.A BUTLER INFANT AND JUNIOR SCHOOL, SAFFRON WALDEN, ESSEX CB11 3DG  
Beginners 4.30 - 5.15pm Novice 5.15 - 6.00pm Intermediate 6.00 - 6.45pm  
HERTS & ESSEX SPORTS CENTRE DOJO, WARWICK ROAD, BISHOP'S STORTFORD, HERTS CM23 5NJ  
Beginners 4.30 - 5.15pm

Visit [www.prokarate.co.uk](http://www.prokarate.co.uk) for more classes



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