



## NEWSLETTER – 23<sup>rd</sup> October 2025

**VALUE: Thankfulness**  
**‘Always be thankful.’ 1 Thessalonians 5: 16**

### FROM THE HEADTEACHER

What a busy and inspiring week it has been as we come to the end of our first Autumn term! The school has been buzzing with activity as we celebrated Black History Month, reflecting on the achievements, culture, and contributions of Black artists and musicians, and leaders throughout history.

Each class has taken part in something special this week.



**Ruby Class** wowed everyone with their joyful rendition of “Three Little Birds” by Bob Marley, reminding us all that “every little thing is gonna be alright.”

**Sapphire Class** gave a wonderful performance of “Proud” by Heather Small, encouraging us to think about what makes us proud of who we are and what we can achieve.

**Emerald Class** shared their reflections on the lyrics of “What a Wonderful World” by Louis Armstrong, appreciating the beauty and positivity in the world around us.

Finally, **Diamond Class** impressed us with their presentations on a variety of influential Black artists, demonstrating their curiosity and understanding of the impact these individuals have made on society.



They also enjoyed listening and singing along to “Stargazing” by Myles Smith, discussing its message and how it connects to themes of hope and self-belief.

We are incredibly proud of all our pupils for their enthusiasm, confidence, and thoughtful contributions throughout the week.

A huge thank you also goes to our dedicated teachers and teaching assistants for their creativity, passion, and hard work in helping to bring these lessons and performances to life.

It has truly been a wonderful way to conclude the first half of our Autumn term.



**Shiksha Rath.** As you know we support children from this charity and have received this update:

Hello, and warm regards to you from all of us here at Shiksha Rath!

In the last few updates, we have been journaling about our children who have made it to college this year. Today, I am so proud to introduce Amit, a bright young man of 17, who has made it so far because of all your help and support. You are an integral part of his life journey. Thank you very much for giving hope and impacting the lives of the children at Shiksha Rath.

In 2014, Amit, who was just 6 years old, started coming to Shiksha Rath. His Mom and dad were quite busy working to make ends meet, so much so that Amit and his sister Anjali were neglected most of the time. From a very early age, Amit loved browsing through the library books at the Centre. While all the children were playing, he would sit in a corner and read books. From a quiet and well-mannered child, he has grown up into a polite and respectful man today, full of hope and determination.

Amit is doing his Bachelor of Arts (Honors) in Hindi from Dr. Bhim Rao Ambedkar College. He is the first boy from Shiksha Rath to attend a regular day college (his seniors were doing their college through Open or distance learning). Whenever he finishes his classes early or has college holidays, he does not miss visiting the centre and shares his joy of going to college and the experiences with us. He is excited by making friends from outside the slum, attending various college functions and also learning and trying different styles of dressing. He has also learned to communicate better and has become more confident.



The best thing about going to college for him has been joining the NCC (National Cadet Corps). It is a prominent Indian youth organisation that provides training in military, adventure and community development initiatives for school and college students. Amit dreams of becoming a police officer one day.

Thank you for supporting Amit and the many other Shiksha Rath students. It is your regular gifts and contributions that enable us to serve these children.

Diwali is around the corner. If you want to send a gift or something special to our kids, do let us know, and we will be happy to organise that on your behalf.

We would love to inform you that our Mrs Blackham and her wonderful kitchen staff achieved a 5-star food hygiene rating! We are so proud of the team and the delicious meals that are being cooked for our pupils every day. Well done and thank you.

A gentle reminder that Friday 24<sup>th</sup> October is an Inset Day, so school will be closed to pupils. We hope everyone enjoys a restful and fun half term break with family and friends.

We look forward to welcoming everyone back on Monday 3<sup>rd</sup> November as we begin the second half of our Autumn term.

Our school value for next half term will be 'Trust', and we're excited to explore what this means together as a school community.

Wishing you all a safe and happy half term.

Kind regards,

Carly Cousins

## BIRTHDAYS THIS WEEK & OVER HALF TERM



Sapphire  
Maddison

Emerald  
Wren

Diamond  
Tristan



## STARS OF THE WEEK

### Ruby

- ❖ Luli for trying hard with her sounds.

### Sapphire

- ❖ Ralph for fantastic effort in independent writing.
- ❖ Cara for focus and resilience in maths.

### Emerald

- ❖ Emilia for excellent effort in Maths.
- ❖ Wren for fantastic independent writing in English.

### Diamond

- ❖ Scarlett for increased focus and effort in every lesson.
- ❖ Grace for increased confidence and achievement in maths.

## ATTENDANCE THIS WEEK

**Whole School  
Attendance – 94.69%**

**Whole School Target Set – 96%**

Please contact school every day of any absence. This can be done by calling **01279 723 204, Option 1** and then leaving a message on the absence line.

**If you are going to be late, please also advise the school office to ensure a meal is ordered on time.**



## NOTICES

- ❖ **Inset Day** – this is a reminder that school is closed on **Friday 24<sup>th</sup> October**. School resumes at the normal time on **Monday 3<sup>rd</sup> November**.
- ❖ **SEND Parent Meetings** will be taking place on **Tuesday 4<sup>th</sup> November** from **3.30 – 5.30 pm**. If you received an invite and have not yet booked a slot, please do so via Arbor by clicking on **Guardian Consultations**.
- ❖ **Parents Evening Meetings** for the rest of the school will be taking place on **Tuesday 11<sup>th</sup> November** from **1.00 – 6.00 pm**. If you have not yet booked a slot, please do so via Arbor by clicking on **Guardian Consultations**. If you have any difficulty in booking, please contact the office.
- ❖ **Diamond Trip to the Imperial War Museum, Duxford** is on **Wednesday 19<sup>th</sup> November**. The deadline for payment is **Friday 7<sup>th</sup> November**. If you would like a school packed lunch, please let the office know by the deadline.

## MENU w/c 3<sup>rd</sup> November 2025

Day	Menu
Monday	<ul style="list-style-type: none"> <li>❖ Beef Burger (Red)</li> <li>❖ Potato Frittata (V) (Green)</li> <li>❖ Jacket Potato with Cheese &amp; Beans (V) (Yellow)</li> <li>❖ Tuna Mayo Roll (Blue)</li> </ul>
Tuesday	<ul style="list-style-type: none"> <li>❖ Chicken Pie &amp; Gravy (Red)</li> <li>❖ Swedish Style Plant-Based Meatballs (V) (Green)</li> <li>❖ Jacket Potato with Tuna Mayo (Yellow)</li> <li>❖ Cheese Roll (V) (Blue)</li> </ul>
Wednesday	<ul style="list-style-type: none"> <li>❖ Roast Chicken (Red)</li> <li>❖ Plant-Based Shepherd's Pie (Ve) (Green)</li> <li>❖ Jacket Potato with Grated Cheese (V) (Yellow)</li> <li>❖ Ham Roll (Blue)</li> </ul>
Thursday	<ul style="list-style-type: none"> <li>❖ Quorn Dipper Taco with Sweet Chilli Sauce (Ve) (Red)</li> <li>❖ Mac 'n' Cheese (V) (Green)</li> <li>❖ Jacket Potato with Baked Beans (Ve) (Yellow)</li> <li>❖ Cheese Roll (V) (Blue)</li> </ul>
Friday	<ul style="list-style-type: none"> <li>❖ Fish Fillet Fingers (Red)</li> <li>❖ Margherita Pizza (V) (Green)</li> <li>❖ Jacket Potato with Cheese &amp; Beans (V) (Yellow)</li> <li>❖ Egg Mayo Roll (V) (Blue)</li> </ul>



**SCHOOL  
DINNERS**

## DATES FOR YOUR DIARY

Date	Event
04/11/25	SEND Parent Meetings
11/11/25	Parents Evening (1-6pm)
19/11/25	Diamond Trip to Duxford
24/11/25	Diamond – Colour a Car Event at Suzuki Garage
26/11/25	Emerald Class Last Swimming Lesson
27/11/25	Panto
28/11/25	Occasional Day (School Closed)
18/12/25	Christmas Service
19/12/25	Last Day of Term
05/01/26	Inset 3 (School Closed)
06/01/26	Inset 4 (School Closed)
07/01/26	First Day Back
08/01/26	Emerald Trip to St Alban's Cathedral
16/02/26 – 20/02/26	Spring Half Term 2026
23/02/26	First Day Back
27/03/26	Last Day of Term
30/03/26 – 10/04/26	Easter Break
13/04/26	First Day Back
04/05/26	Early May Bank Holiday 2026
22/05/26	Inset 5 (School Closed)
25/05/26 – 29/05/26	Summer Half Term 2026
01/06/26	First Day Back
23/07/26	Last Day of Term

# BREAKFAST CLUB

8am - 8.40am everyday  
cooked breakfast  
served at 8am



£4.50 per session payable via arbor

NB late arrivals will not be catered for cooked breakfast

Please book 24 hours ahead to ensure availability

# AFTER SCHOOL Sports Clubs

Spellbrook C of E Primary School

3:20-4:20pm

Football



Tuesdays

Dodgeball



Thursdays

Let's Go!

Footballers must bring trainers/astro turf trainers, shin pads, long socks, PE kit or sports wear, and goalie gloves if playing in goal.

£ 50.40 per club for 7 weeks  
Starting week commencing 3rd November

Keep fit, make friends and have fun!

Book online at:  
[gjwsports.co.uk](http://gjwsports.co.uk)

[www.gjwsports.co.uk](http://www.gjwsports.co.uk)



## Spellbrook after school mindfulness club

Wednesdays 3.20-4.30

Mindful crafts, group games, yoga, breathwork and simple meditation- working on mindfulness, self esteem and emotional regulation.

Year 1-6

£7 per session, paid each half term

To book please email the address below!



[hannah.rainbowrelaxation@gmail.com](mailto:hannah.rainbowrelaxation@gmail.com)  
[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



## LEARN KARATE

WITH

SENSEI SHAUNA CARROLL 4th DAN

SPELLBROOK C OF E PRIMARY SCHOOL

MONDAY 3:20pm - 4:20pm



SELF DEFENCE

CONFIDENCE

FLEXIBILITY

DISCIPLINE

FITNESS

# FIRST LESSON FREE

REGISTER NOW



07713 866964



[shaunacarrolluka@hotmail.com](mailto:shaunacarrolluka@hotmail.com)



# Well Bean Gardening

Learning through growing  
Growing through learning

Join our Wednesday After-School Gardening Club in November  
3.20pm-4.30pm



- Spellbrook's Gardening Club meets on Wednesdays and is open to Years 3, 4, 5 & 6. Limited spaces available
- £25.00 for four sessions Nov 5 - Nov 26
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
  - o Working to improve the school gardens
  - o Collecting and sowing seeds
  - o Continuing to develop the Sensory Garden

If you would like your child to attend, please return the slip below to the school office before Wednesday Nov 5 and make a payment of £25 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: ..... Year group: .....

Your name: ..... Phone number: .....

Email: .....

Any allergies or medical issues that we need to be aware of\*: .....

\*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook & Instagram page (please check out and like) and every week an update of what we get up to at the club will be posted.

If you DO NOT want photos of your child to be used on social media please tick the box: (Please note that children are never named)

Email: wellbeangardening@gmail.com  
Mobile: 07817 528652

facebook.com/wellbeangardening  
Instagram: @wellbeangardening

## Children's woodland wellness holiday clubs

Yoga, crafts, meditation and sensory play, held in a beautiful National Trust site.

Tween/teen club

ages 8-13

Wednesday 29<sup>th</sup>

October 2025

10-2

£30

Hatfield Forest,

Bush End Road

Takeley, CM22 6NE

Children's club

age 4-7

Thursday 30<sup>th</sup>

October 2025

10-2

£30

Hatfield Forest,

Bush End Road

Takeley, CM22 6NE



## Spellbrook lunchtime mindful crafting club

Thursdays 12.15-12.45  
in the library

Mindful crafts such as weaving, colouring, collages, drawing and much more- all working on mindfulness, self esteem and emotional regulation.

Year 1-6

£3.50 per session, paid each half term  
To book please email the address below!



[hannah.rainbowrelaxation@gmail.com](mailto:hannah.rainbowrelaxation@gmail.com)

[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)

## THE SECRET ART HOUSE HALF TERM ART CLUBS

Art Camps  
£30

Early bird booking price

With Artist Caroline Clark (Caz)

Dates:

27th, 28th 29th October,  
9am-1pm Art Camp £30

Activities such as:

- Painting
- 3D work
- Working on wood
- Collage
- And more!



Book on at  
[www.carolineclarkartist.com](http://www.carolineclarkartist.com)

Contact Caz Clark (Caroline) 07847 269 734  
The Secret Art House, Behind Sheering Village Hall  
The Street, Sheering, CM22 7LX

For  
5-11  
years





SAWBRIDGEWORTH TRUST'S  
2025

# CHRISTMAS GRANT

HELPING LOCAL FAMILIES

WHO MAY BE FINDING THINGS DIFFICULT WITH THE EXTRA COSTS AT  
CHRISTMAS TIME  
TO FIND OUT IF YOU ARE ELIGIBLE FOR A GRANT, CONTACT:

DI KITSON  
EMAIL: DIANA.KITSON@ICLOUD.COM  
PHONE: 01279 723212  
ADDRESS: 11 THE FOREBURY,  
SAWBRIDGEWORTH, CM21 9BD

SAWBRIDGEWORTH UNITED CHARITIES SERVING SAWBRIDGEWORTH, HIGH  
WYCH, ALLEN'S GREEN & EASTWICK



REGISTERED CHARITY 237946

# Family Workshop Sing Make Play!

- Family friendly workshop for primary school aged children and their caregivers
- Fun musical games, percussion and singing with our dedicated teaching staff
- No musical experience necessary ~ all instruments provided by HMS



Saturday 8th November



10.30am to 11.30am



Bishops Stortford Music Centre, CM23 5BD  
(Based at Birchwood High School)



£5.00 per student  
(accompanying parents/carers no charge)



Scan me for more

01992 556 752

[www.hertsmusicservice.org.uk/HMS-Stortford](http://www.hertsmusicservice.org.uk/HMS-Stortford)



Hertfordshire  
Music Service

Supported using public funding by



ARTS COUNCIL  
ENGLAND



## Beezee FAMILIES

## Take the 'scare' out of school holidays!



Beezee Families is our FREE healthy lifestyle programme, designed to help you learn more about healthy eating and finding habits that work for you. Check out these fun spooktacular activities to keep your little monsters entertained this half term.

### Activity 1:

#### Munchable Mummies

Give making these bootiful munchable mummies a go!



### Activity 2:

#### Get crafty with your recycling

Use toilet roll tubes to make your own devilish decorations, create a haunted house out of an old cereal box or print off this fun bat cutout to make your own ghoulish garlands!



### Activity 3:

#### Walk this way

Get the family all wrapped up and explore the great outdoors this autumn.



### Activity 4:

#### Learn a brand-new dance routine

Get you and the kids dancefloor-ready for the Halloween party season!



## Want more healthy lifestyle support?

Check out our website to find out  
how we can help your family.\*

Scan here  
or  
Click the link



[hrt.maximusuk.co.uk](http://hrt.maximusuk.co.uk)

\*Our courses are designed for families with children aged 5 and up

WATER LANE THEATRE COMPANY

presents

for the love of theatre

# fairy tale Courtroom

Use WOLF  
Discount Code  
for £2 off all  
tickets

## Courtroom

A family fun theatre play  
By Dana Proulx

25th & 26th  
October 2025

Northgate Primary School,  
Bishop's Stortford, CM23 2RL

Performances: Saturday, 25th - 2.30pm  
Sunday, 26th - 11.30am and 2.30pm

### Tickets:

£6.60 children (free for under 5s)

£11 adults: £24.20 family ticket

(2 adults & 2 children; or 1 adult & 3 children)

All ticket prices include a booking fee

Tickets available from:

[www.ticketsource.co.uk/waterlane](http://www.ticketsource.co.uk/waterlane)

for more information go to:

[www.waterlanetheatrecompany.co.uk](http://www.waterlanetheatrecompany.co.uk)

### Children's Fancy Dress Competition

We'd love to see fairy tale or other  
characters in the audience and there will  
be a small prize at each performance for the  
most entertaining children's costume

Isabel  
Together we care  
In support of Isabel Hospice

Water Lane Theatre Company is pleased to have been awarded  
capital funding from the Stansted Airport Community Fund.

[www.waterlanetheatrecompany.co.uk](http://www.waterlanetheatrecompany.co.uk)

This production has been kindly sponsored by Tees Lau

This amateur production of Fairy Tale Courtroom is presented by arrangement  
with Commercial Theatre South Ltd. on behalf of Samruith French Ltd.  
[www.commercialtheatresouth.co.uk](http://www.commercialtheatresouth.co.uk)



NODA  
Theatrical stage



[skinsoak.co.uk](http://skinsoak.co.uk)

# HALLOWEEN WORKSHOP

Make your own witches hat or mask  
and decorate your own pumpkin!

**28 - 31 October**

Morning: 10:30 -12:00

Afternoon: 1:30-3:00



£10  
per child  
50% off  
for siblings



Scan to book

Spooky hands-on fun for kids  
while grown-ups relax and shop

Jackson Square Shopping Centre  
Bishop's Stortford



## EVERY PAIR TELLS A STORY

# NATIONAL MOVEMENT

Bring a pair of shoes.

Each pair represents a child who  
has been failed by their local  
authority and the SEND system.  
This is a silent, fully inclusive  
event - no walking, no protesting  
You are not required to stay, but  
you are absolutely welcome to  
join us.

In collaboration with The SEND Sanctuary UK and  
Let Us Learn Too

#EveryPairTellsAStory

@TheSendSanctuaryUK



### Event Details:

Date: Friday 31st October

Time: 5:30 - 7:00pm

Location: Birchwood High School

Theme: Halloween Fancy Dress

Ages: 3-7 years



Date:

Time:

Location:

3RD

10.30 -

Hertfordshire County Council

NOV'25

1PM

County Hall

Pegs Lane

Hertford

SG13 8DF