



NEWSLETTER - 27th November 2025

VALUE: Trust

'My God is my strength in whom I trust.' Psalm 18: 2

FROM THE HEADTEACHER

Dear Parents and Carers,

We have had another busy and exciting week at Spellbrook C of E Primary School! The children have continued to work hard and show great enthusiasm in all areas of their new learning. In English, some classes have been exploring descriptive language. In maths, pupils have been developing their reasoning skills through problem-solving activities and fraction work, and in science, we are continuing our new topic involving some interest experiments. It has been wonderful to see such curiosity and confidence across the school.

Here are some important things coming up in the diary:

Monday 1st December – Christmas Decoration Day

We warmly invite parents and carers to join us in classes for Christmas crafts, a much-loved school tradition.

Emerald & Diamond – 9:00–10:45am

Sapphire & Ruby – 1:15–3:00pm (Parents may collect early.)

This year, the children in Ruby and Sapphire will be performing *Knock, Knock! The Nativity* on **Monday 8th** and **Tuesday 9th December 2025 at 2:30pm** and Ruby and Sapphire parents are warmly invited to attend.

The nativity will last approximately half an hour, and pick-up will be at the normal time on both days.

Tickets are available to book through Arbor by selecting:

School Shop → *Knock, Knock! The Nativity – Mon 8th Dec 2025*

or

School Shop → *Knock, Knock! The Nativity – Tue 9th Dec 2025,*

and choosing your preferred performance and number of tickets.

Please may we kindly ask that families book a **maximum of 2 tickets per family**, as we have limited space in the hall. This could be either one ticket for each performance or two tickets for one performance.

If you would like additional tickets, please contact the school office and we will add your name to the waiting list.

The deadline to book tickets is Friday 5th December.

Many thanks,
Carly Cousins

BIRTHDAYS THIS WEEK



Diamond
Harry P
Lex

ATTENDANCE THIS WEEK

**Whole School
Attendance – 95.24%**

Whole School Target Set – 96%

Please contact school every day of any absence. This can be done by calling **01279 723 204, Option 1** and then leaving a message on the absence line.

If you are going to be late, please also advise the school office to ensure a meal is ordered on time.

Attendance Ladder



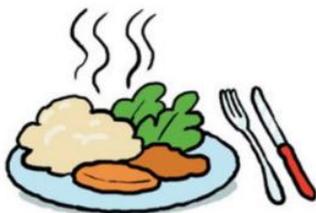
NOTICES

- ❖ **School is closed on Friday 28th November** for an occasional day. School resumes as normal on **Monday 1st December**.
- ❖ **Christmas Decoration Day** is on **Monday 1st December**. Parents and carers are warmly invited to attend as follows:

Emerald & Diamond – 9.00 – 10.45 am
Ruby & Sapphire – 1.15 – 3.10 pm
- ❖ **The Year 6** children will be attending **Grease, The Musical** on **Tuesday 2nd November** at Leventhorpe school during school hours. Collection and afterschool clubs are as usual.
- ❖ **Christmas Crackers Donations** – we are kindly asking for donations of Christmas crackers for the children's Christmas lunch. Could all donations be dropped off at the office by **Friday 5th December** please.
- ❖ **Christmas Lunch & Christmas Jumper Day** is on **Wednesday 10th December**. Children are invited to come to school in their Christmas jumpers if they have one in support of Save the Children with a donation of £1 or more. **Christmas jumpers can be worn instead of school jumpers/cardigans with normal school uniform.**
- ❖ **Christmas Church Service** is on **Thursday 18th December** from **2.15 – 3.00 pm** at **Great St Mary's Church, Sawbridgeworth**. The children will be travelling by coach to the church and will need to be collected **from the church at 3.00 pm**. Parents and carers are warmly invited to attend.

MENU w/c 1st December 2025

Day	Menu
Monday	<ul style="list-style-type: none"> ❖ Quorn Hot Dog (V) (Red) ❖ Margherita Wrap (V) (Green) ❖ Jacket Potato with Baked Beans (Ve) (Yellow) ❖ Cheese Roll (Blue)
Tuesday	<ul style="list-style-type: none"> ❖ Pork Sausages & Gravy (Red) ❖ Roasted Butternut Squash Curry (Ve) (Green) ❖ Jacket Potato with Grated Cheese (V) (Yellow) ❖ Salmon Mayo Roll (Blue)
Wednesday	<ul style="list-style-type: none"> ❖ Roast Beef (Red) ❖ Roast Quorn Fillet (Ve) (Green) ❖ Jacket Potato with Baked Beans (Ve) (Yellow) ❖ Cheese Roll (Blue)
Thursday	<ul style="list-style-type: none"> ❖ Chicken Curry (Red) ❖ Breaded Bean & Vegetable Grill (Ve) (Green) ❖ Jacket Potato with Tuna Mayo (Yellow) ❖ Ham Roll (Blue)
Friday	<ul style="list-style-type: none"> ❖ Fish Fillet Fingers (Red) ❖ Margherita Pizza (V) Green ❖ Jacket Potato with Cheese & Beans (V) (Yellow) ❖ Egg Mayo Roll (V) (Blue)



**SCHOOL
DINNERS**

DATES FOR YOUR DIARY

Date	Event
28/11/25	Occasional Day (School Closed)
29/11/25	Sawbridgeworth Lights Switch On Event
01/12/25	Christmas Decoration Day Emerald & Diamond – 9.00 – 10.45 am Ruby & Sapphire – 1.15 – 3.10 pm
02/12/25	Y6 to Leventhorpe Musical - Grease
08/12/25	Nativity – Ruby & Sapphire
08/12/25	St Michael's Carol Concert - Diamond
09/12/25	Nativity – Ruby & Sapphire
10/12/25	Christmas Lunch
10/12/25	Christmas Jumper Day
18/12/25	Christmas Service at Great St Mary's
19/12/25	Last Day of Term. Finish at 1.30 pm
05/01/26	Inset 3 (School Closed)
06/01/26	Inset 4 (School Closed)
07/01/26	First Day Back
08/01/26	Emerald Trip to St Alban's Cathedral
16/02/26 – 20/02/26	Spring Half Term 2026
23/02/26	First Day Back
27/03/26	Last Day of Term
30/03/26 – 10/04/26	Easter Break
13/04/26	First Day Back
04/05/26	Early May Bank Holiday 2026
22/05/26	Inset 5 (School Closed)
25/05/26 – 29/05/26	Summer Half Term 2026
01/06/26	First Day Back
23/07/26	Last Day of Term

BREAKFAST CLUB

8am - 8.40am everyday
cooked breakfast
served at 8am



£4.50 per session payable via arbor

NB late arrivals will not be catered for cooked breakfast

Please book 24 hours ahead to ensure availability

AFTER SCHOOL Sports Clubs

Spellbrook C of E Primary School

3:20-4:20pm

Football



Tuesdays

Dodgeball



Thursdays

Let's Go!

Footballers must bring trainers/astro turf trainers, shin pads, long socks, PE kit or sports wear, and goalie gloves if playing in goal.

£ 50.40 per club for 7 weeks
Starting week commencing 3rd November

Keep fit, make friends and have fun!

Book online at:
gjwsports.co.uk

www.gjwsports.co.uk



Spellbrook after school mindfulness club

Wednesdays 3.20-4.30

Mindful crafts, group games, yoga, breathwork and simple meditation- working on mindfulness, self esteem and emotional regulation.

Year 1-6

£7 per session, paid each half term

To book please email the address below!

hannah.rainbowrelaxation@gmail.com
[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



LEARN KARATE

WITH

SENSEI SHAUNA CARROLL 4th DAN

SPELLBROOK C OF E PRIMARY SCHOOL

MONDAY 3:20pm - 4:20pm



SELF DEFENCE

CONFIDENCE

FLEXIBILITY

DISCIPLINE

FITNESS

FIRST LESSON FREE

REGISTER NOW



07713 866964



shaunacarrolluka@hotmail.com



Well Bean Gardening

Learning through growing
Growing through learning

Join our Wednesday After-School Gardening Club in November
3.20pm-4.30pm



- Spellbrook's Gardening Club meets on Wednesdays and is open to Years 3, 4, 5 & 6. Limited spaces available
- £25.00 for four sessions Nov 5 - Nov 26
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
 - o Working to improve the school gardens
 - o Collecting and sowing seeds
 - o Continuing to develop the Sensory Garden

If you would like your child to attend, please return the slip below to the school office before Wednesday Nov 5 and make a payment of £25 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: Year group:

Your name: Phone number:

Email:

Any allergies or medical issues that we need to be aware of*:

*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook & Instagram page (please check out and like) and every week an update of what we get up to at the club will be posted.

If you DO NOT want photos of your child to be used on social media please tick the box: (Please note that children are never named)

Email: wellbeangardening@gmail.com
Mobile: 07817 528652

facebook.com/wellbeangardening
Instagram: @wellbeangardening



Spellbrook lunchtime mindful crafting club

Thursdays 12.15-12.45
in the library

Mindful crafts such
as weaving, colouring,
collages, drawing and
much more- all

working on

mindfulness, self

esteem and emotional
regulation.

Year 1-6

£3.50 per session,
paid each half term

To book please email
the address below!



hannah.rainbowrelaxation@gmail.com

[@rainbowrelaxation](https://www.instagram.com/rainbowrelaxation)



CHRISTMAS LUNCH DEC 10th

MAIN MENU

Sliced Turkey Breast
with Chipolata Sausage
& Sage & Onion Stuffing
& Gravy

or

Roast Quorn Fillet
with Plant Sausage
& Sage & Onion Stuffing
& Gravy (Ve)

or

Plant Sausage & Gravy (Free From*) (Ve)

SERVED WITH

Roast Potatoes
with a Choice of Seasonal Vegetables

DESSERT

Choice of Christmas Dessert

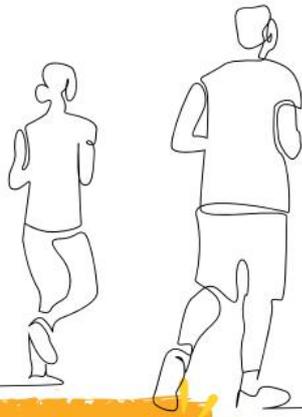


[f](https://www.facebook.com/hclcatering) [in](https://www.linkedin.com/company/hclcatering) [X](https://www.x.com/hclcatering) [i](https://www.instagram.com/hclcatering) @hclcatering www.hcl.co.uk

Menus are subject to change due to supplier stock availability. * Free from the key 14 allergens and plant based/vegan

Spellbrook PTA tuck shop Fridays after school





Ready to make a change?

The first step starts with you

Join our **FREE** 8-week health and wellbeing programme. It's made with the help of young people, for young people. This is a chance for you to talk about topics that matter to you.

Achieving Goals

Body Image

Communication

Exam Stress

Motivation

Physical Activity

Relationships

Self-Love

Our online group sessions start on:

Date: Wednesday 28th Jan 26 & weekly after

Time: Starts at 6pm and ends at 7pm



Sign up for your
FREE PLACE
today



hrt.maximusuk.co.uk

@ BZBinfo@maximusuk.co.uk

01707 248 648



Our programmes are for 13 to 17-year-olds, see our website for more information.

24-0882

All Feelings Matter workshop

(including the strong and uncomfortable ones)

For Mums, Dads & Carers

Online
December 2025
&
January 2026



Wednesday
10 December
9.30am – 11.30am
or
7.00pm – 9.00pm
or
Monday
26 January
7.00pm – 9.00pm

This 2 hour fully funded workshop is open to all Hertfordshire parents and carers. Learn more about:

- Why all feelings matter for everyone.
- How feelings, thoughts, and behaviour link together.
- Recognising physical and emotional feelings, including anxiety and anger.
- Ways to support healthy emotional development.
- The stress response system and '3-Part Brain' concept.
- Feelings and the Protective Behaviours process.

To book your place please use this link or the QR code

<https://forms.office.com/e/dTwHKe8yaM>

Please like us on Facebook for further updates @familiesfeelingSAFE

Funded by
Hertfordshire
County Council



Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire. We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families. www.familiesfeelingSAFE.co.uk E-mail: enquiries@familiesfeelingSAFE.co.uk

Communication workshop For Mums, Dads & Carers

Online
December 2025
&
January 2026



Thursday
11 December 2025
9.30am – 11.30am
or
Monday
19 January 2026
7.00pm – 9.00pm

This 2 hour fully funded workshop is open to all Hertfordshire parents and carers. Join us to learn more about:

- Why communication matters for everyone
- Communication to build and support healthy relationships
- The stress response system and the effects on communication
- The Language of Safety
- Skills and strategies - from learning to practice
- Communication and the Protective Behaviours Process

To book your place please use this link or the QR code

<https://forms.office.com/e/dTwHKe8yaM>

Please like us on Facebook for further updates @familiesfeelingSAFE

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Hertfordshire
County Council



Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire. We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families. www.familiesfeelingSAFE.co.uk E-mail: enquiries@familiesfeelingSAFE.co.uk

Parent / Carer Motor Development Information Sessions

Places are now available to book on our Autumn Term 2025 information sessions for parents and carers

Supporting your child's motor skills development

When do children develop particular motor skills, such as riding a bicycle or using a pen? How can you help your child to develop these skills? What can you do if your child is struggling with a skill?

This session is for parents or carers of children aged between 4-8 years old who would like to understand more about their child's motor development and how to support this. The session will share information about the typical ages when children develop different motor skills. It will explain how to breakdown an activity such as pulling on a jumper into simple steps to help your child complete this independently. You will also get advice on activities and simple things you can do at home to support your child's motor development.

BOOK YOUR PLACE:

Monday 24th November 11.00-12.00 <https://www.eventbrite.co.uk/e/1363921649369>

Thursday 4th December 10.00-11.00 <https://www.eventbrite.co.uk/e/1363924307319>

We are also offering parent information sessions on understanding sensory preferences and supporting self-regulation. To find out dates of these and other training opportunities please visit our CYP Therapies – Occupational Therapy Service webpage

<https://www.hct.nhs.uk/our-services/childrens-occupational-therapy//>



www.hct.nhs.uk

Innovative

Caring

Agile

Children & Young People's Therapies Service

Contact us
Telephone:
01923 470680 Option 2

Email:
hct.cyptherapies1@nhs.net

Twitter: @CypHCT

Sing Make Play Music Workshop

for younger, primary school aged children accompanied by their guardians

Bishop's Stortford Library
Saturday 29th November
10.30-11.30am



Come along accompanying your child and join in with our Sing Make Play Music Workshop for children ages 4-8 who are curious about music and would love to play in a group or learn an instrument.

- ✓ Highly experienced and successful Hertford Music Service teacher available to demonstrate skills with music learnt in group sessions
- ✓ Information for anyone wanting to learn to play an instrument or play in a group
- ✓ Music lessons; ask about paid trial lesson as a gift for Christmas and start your child on the magical journey of making music
- ✓ To register your interest and for more information, please contact our Bishop's Stortford Music Centre on 01992556 752 or e-mail: bstortfordmusicenquiries@hertfordshire.gov.uk
- ✓ No charge – just come along and have a go



Supported using public funding by



ARTS COUNCIL ENGLAND



[Supporting your child's motor skills development Tickets, Mon 24 Nov 2025 at 11:00 | Eventbrite](#)

[Supporting your child's motor skills development Tickets, Thu 4 Dec 2025 at 10:00 | Eventbrite](#)

[Occupational therapy, occupational, Children's occupational therapy, children, slt, ot, cypt, cyp, therapy, child, children | Hertfordshire Community NHS Trust](#)

Visit Santa's Hollow



As a special surprise for Children with Additional Needs, Santa, is setting up a temporary home in Harlow, for families to visit.

Santa is making this event really relaxed, as he knows that Christmas can be an overwhelming time.

This year, Santa has some interesting company – a whole cast of Christmas characters, both naughty and nice! Keep an eye out for any mischief-makers who might be plotting to stop Christmas from happening and make sure to report them to Santa's Friends, who truly love the holiday. Let's work together to keep the Christmas spirit alive and well!

Whilst with us in Santa's Hollow, you can take part in various activities, including making a Christmas Decoration and decorating gingerbread biscuits.

You can also have a chat with the Big Man himself in his cabin, who will be giving out gifts to all those amazing children, that he knows have tried their very best this year!

Write and post your letter to Santa in our special delivery post box too.

There will be some great photo opportunities, helping to us to bring the Spirit of Christmas to your family, creating beautiful memories for all.

Santa and Friends will be visiting on
Sunday 7th Dec and Sunday 14th Dec

Held at Plant Pots & Wellies, Harlow For more info and to book a ticket, please ask for more details. Tickets are limited. Pre booking only
Plant Pots & Wellies is a voluntary community project that provides horticultural therapy and other activities for both children and adults with additional needs

Tickets now available for Santas Hollow on 7th December and 14th December 2025

<https://www.eventbrite.co.uk/e/1974961108841?aff=oddtcreator>

<https://www.eventbrite.co.uk/e/1974962683551?aff=oddtcreator>