



NEWSLETTER – 11th September 2026

VALUE: Generosity

Focus: Giving Sacrificially

‘God loves a cheerful giver’. 2 Corinthians 9:7

FROM THE HEADTEACHER

We were all excited to attend our first Values Assembly of the year, where we introduced our school value of **Generosity**. We discussed what generosity means and how we can show it in our everyday lives. The children shared wonderful ideas, including helping friends, sharing toys and equipment, using kind words, and giving their time to support others. We look forward to seeing this important value demonstrated throughout the school year.

Ruby Class

The pupils in Ruby Class have settled wonderfully into their new classroom and are beginning to establish their daily routines with confidence. In Science, we explored our **five senses**, learning how they help us understand the world around us. The children enjoyed investigating different objects through touch, exploring the outdoor environment using their senses, and tasting different foods to describe flavours and textures.



Sapphire Class

In Sapphire Class, we have been consolidating our numbers to 20 and finding different ways to make these numbers during our Curious Learning sessions.

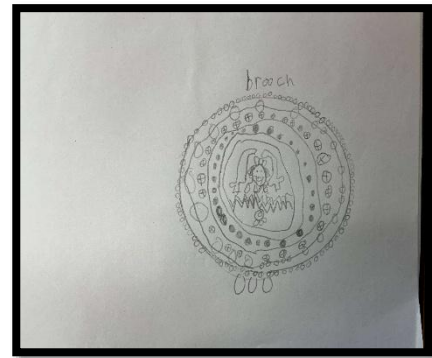
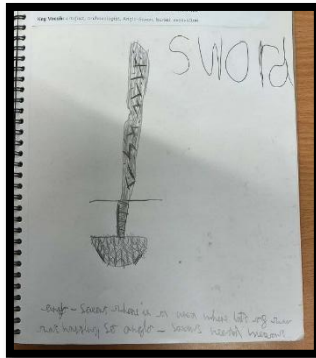
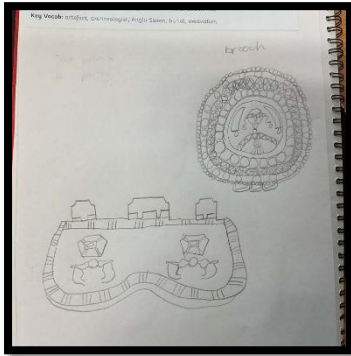
In Science, we have been caring for our outdoor planting area.



We collected poppy seeds and dispersed them around the hedges before planting daffodil bulbs. We are looking forward to seeing them bloom in the spring.

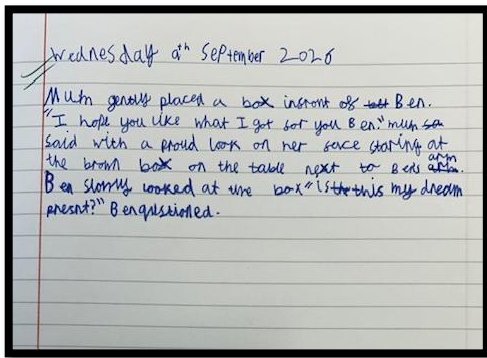
Emerald Class

This week, Emerald Class has been discovering the fascinating Anglo-Saxon treasures and artefacts found at **Sutton Hoo**. Through our whole-class reading, we learnt about the famous excavation and the king believed to have been buried there.



In Art, we explored Anglo-Saxon designs and created detailed pencil sketches inspired by artefacts from the Sutton Hoo dig.

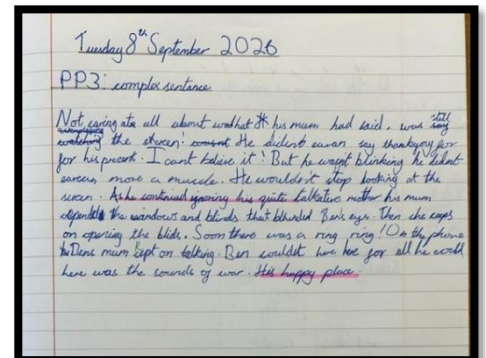
Diamond Class



The pupils in Diamond Class have been working incredibly hard to develop their understanding of clauses, sentence structure, and complex sentences.

They have shown great determination and enthusiasm in their learning, and it has

been wonderful to see their confidence growing as they apply these skills in their writing.



Thank you to everyone who attended our **Meet the Teacher** sessions this week.

It was a fantastic opportunity to share information about the year ahead and strengthen the partnership between home and school.

Your continued support and engagement play a vital role in your child's education, and we greatly appreciate the time you took to attend.

We hope you have a wonderful weekend and look forward to welcoming everyone back on Monday.

BIRTHDAYS THIS WEEK



Ruby
Maya

Sapphire
Ellie



STARS OF THE WEEK

Ruby

- ❖ Marlon for fantastic joining in.
- ❖ Thomas for super effort and kindness.

Sapphire

- ❖ Eva for being a super role model.
- ❖ Riaan for fantastic writing in his English and RWI lesson.

Emerald

- ❖ Roman for a fantastic start to Emerald Class.
- ❖ Herbert for amazing writing and ideas in English.

Diamond

- ❖ Arlo for making a great start and trying hard.
- ❖ Charlie for working hard and being a good friend.

ATTENDANCE THIS WEEK

**Whole School
Attendance – 97.07%**

Class Weekly Attendance

Diamond – 99.15%

Emerald – 95.4%

Sapphire – 97.78%

Ruby – 95.4%

Whole School Target Set – 96%

Please contact school **every day of any absence**. This can be done by calling **01279 723 204, Option 1** and then leaving a message on the absence line.

If you are going to be late, please also advise the school office to ensure a meal is ordered on time.

NOTICES

🌟 **Dodgeball Afterschool Club** resumes on **Tuesday 15th September** from **3.20 – 4.20 pm**. For booking, please follow the link: [Kitteridge All Sports | Childrens Sports Clubs Bishop's Stortford | Bishop's Stortford](#) Please note, the club is open to children from **Year 1 to Year 6**.

🌟 **Emerald Swimming starts on Wednesday 16th September**. Thank you to all the parents who have registered. If you have not yet registered for your child to attend, please do so in Arbor by clicking on **Trips < Emerald Swimming – Autumn 2026**. The deadline is **Friday 11th September**.

🌟 **Football Afterschool Club** resumes on **Thursday 17th September** from **3.20 – 4.20 pm**. For booking, please follow the link: [Kitteridge All Sports | Childrens Sports Clubs Bishop's Stortford | Bishop's Stortford](#) Please note, the club is open to children from **Year 1 to Year 6**.

🌟 **Gardening Club** resumes on **Wednesday 23rd September**.

MENU w/c 14th September 2026

Day	Menu – Week 2
Monday	❖ Chicken Curry (Red) ❖ Plant-Based Sausages & Gravy (Ve) (Green) ❖ Jacket Potato with Tuna Mayo (Yellow) ❖ Cheese Baguette (v) (Blue)
Tuesday	❖ Plant-Based Meatballs with Tomato Sauce (Ve) (Red) ❖ Mac 'n' Cheese (v) (Green) ❖ Jacket Potato with Grated Cheese (v) (Yellow) ❖ Egg Mayo Baguette (v) (Blue)
Wednesday	❖ Roast Beef (Red) ❖ Quorn Fillet (Ve) (Green) ❖ Jacket Potato with Beans & Cheese (v) (Yellow) ❖ Chicken Mayo Baguette (Blue)
Thursday	❖ Chicken Pie & Gravy (Red) ❖ Mild Bean Chilli (Ve) (Green) ❖ Jacket Potato with Baked Beans (Ve) (Yellow) ❖ Ham Baguette (Blue)
Friday	❖ Battered Fish (Red) ❖ Margherita Pizza (v) Green ❖ Jacket Potato with Beans & Cheese (v) (Yellow) ❖ Salmon Mayo Baguette (Blue)



**SCHOOL
DINNERS**

DATES FOR YOUR DIARY

Date	Event
16/09/26	Emerald Swimming starts
23/09/26	Gardening Club resumes
25/09/26	Nasal Flu Vaccinations
21/10/26	Sapphire Trip to Stansted Aerozone
21/10/26	Emerald Swimming – Last Lesson
26/10/26 – 30/10/26	Half Term
27/11/26	Occasional Day – School Closed
30/11/26	Christmas Decoration Day
08/12/26	Nativity (TBC)
09/12/26	Nativity (TBC)
11/12/26	PTA Christmas Carols & Hot Chocolate
14/12/26	Pantomime
15/12/26	Christmas Church Service
16/12/26	Christmas Lunch & Jumper Day
18/12/26	Last Day of Term. Finish at 1.30 pm



BREAKFAST CLUB

8am - 8.40am everyday

Cooked breakfast served at 8am



£5.00 per session

Payable via Arbor

Please book 24 hours ahead to ensure availability

NB Late arrivals will not be catered with a cooked breakfast



SCHOOL OF PERFORMING ARTS

★ NEW STREET DANCE CLUB ★

Christina Marks School of Performing Arts

Dear Parents & Guardians,

We are delighted to announce that Christina Marks School of Performing Arts will be launching an exciting new after-school club at Spellbrook C of E Primary School after the summer holidays.

Our sessions are designed to help children build confidence, express creativity and have fun, all within a supportive and energetic environment led by experienced performing arts specialists.

Street Dance

High-energy routines inspired by modern dance styles that children absolutely love. These sessions are suitable for children in Reception through to Year 6 and are a fantastic opportunity for children to stay active, build friendships and grow in confidence.

★ Spaces are limited and we expect them to fill quickly.

➡ to book your child's place please visit:

<https://christina-marks-sopa.class4kids.co.uk>

If you have any questions, please feel free to contact us and we will be happy to help.

We look forward to welcoming your child to a fun and inspiring term of Street Dance.

Warm regards,

Christina Marks

cmsopa.enquiries@hotmail.com

Director

Christina Marks School of Performing Arts

Please follow and like our social media page Christina Marks School Of Performing Arts

<https://christina-marks-sopa.class4kids.co.uk>



LEARN KARATE

WITH

SENSEI SHAUNA CARROLL 4th DAN

SPELLBROOK C OF E PRIMARY SCHOOL

MONDAY 3:20pm - 4:20pm



SELF DEFENCE

CONFIDENCE

FLEXIBILITY

DISCIPLINE

FITNESS

FIRST LESSON FREE

REGISTER NOW



07713 866964



shaunacarrolluka@hotmail.com



Well Bean Gardening

Learning through growing
Growing through learning

Our After-School
Club Needs New Gardeners
Wednesdays 3.20pm-4.30pm



- If your child is in Years 3, 4, 5 & 6 and would like to join Spellbrook's Gardening Club, we meet on Wednesdays and need more hands to keep our gardens looking sensational.
- £31.50 for five sessions Sept 23 - Oct 21
- All equipment supplied but pupils must bring appropriate clothing as we will be outside in all weathers
- This half-term we'll be:
 - o Working to improve the school gardens
 - o Collecting seeds
 - o Harvesting vegetables

If you would like your child to attend, please return the slip below to the school office before Wednesday September 23 and make a payment of £31.50 in cash/a cheque made payable to: WENDY GORDON or with a BACS payment to: Wendy Gordon/27441520/07-04-36 (Use your name as reference)

I would like my child to attend Spellbrook's After-School Gardening Club on Wednesdays:

Child's name: Year group:

Your name: Phone number:

Email:

Any allergies or medical issues that we need to be aware of*:

*Your child's safety is a priority, but we can only put measures into place if you let us know.

Well Bean Gardening has a Facebook & Instagram page (please check out and like) and every week an update of what we get up to at the club will be posted.

If you DO NOT want photos of your child to be used on social media please tick the box: (Please note that children are never named)

☐

Email: wellbeangardening@gmail.com
Mobile: 07817 528652

facebook.com/wellbeangardening
Instagram: @wellbeangardening



Spellbrook after school mindfulness club

Wednesdays 3.20-4.30

Mindful crafts, group games, yoga, breathwork and simple meditation- working on mindfulness, self esteem and emotional regulation.

Year 1-6

£7 per session, paid each half term

To book please email the address below!



hannah.rainbowrelaxation@gmail.com

[@rainbowrelaxation](https://www.rainbowrelaxation.com)



Spellbrook lunchtime mindful crafting club

Thursdays 12.15-12.45 in the library

Mindful crafts such as weaving, colouring, collages, drawing and much more- all working on mindfulness, self esteem and emotional regulation.

Year 1-6

£3.50 per session, paid each half term

To book please email the address below!



hannah.rainbowrelaxation@gmail.com

[@rainbowrelaxation](https://www.rainbowrelaxation.com)

Groups and workshops coram family lives

Autumn 2026

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

**Monday 5th October to 16th November, 7pm to 9pm OR
Friday 6th November to 11th December, 9.30am to 11.30am**

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 6th October to 17th November, 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Dads Together (6 weeks) Online group

Wednesday 4th November to 9th December, 7pm to 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Online Workshop

Wednesday 21 October 9.30am to 11.30am

Sibling Rivalry Online Workshop

Monday 9 November 9.30am to 11.30am

Reducing Conflict Online Workshop

Wednesday 25 November 7pm to 9pm

It's a Dad's Life Online Workshop

Thursday 26 November 7pm to 9pm

Navigating the Storm (Teens) Online Workshop

Wednesday 2 December 9.30am to 11.30am

For more info, please contact **Louise** on **0204 522 8700/8701** or email services@coramfamilylives.org.uk or scan the QR code for our online form.

All our programmes provide support, information and resources to parents, carers and adult family members in Hertfordshire so they can help their children reach their full potential.



We build better family lives together

www.coramfamilylives.org.uk [@coramfamilyliveshertsandbeds](https://www.facebook.com/coramfamilyliveshertsandbeds)

Funded by
Hertfordshire
County Council



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Hertfordshire Community
NHS Trust

Parent / Carer Motor Development Information Sessions

Places are now available to book our Autumn Term 2026

Information sessions for parents and carers

Supporting your child's motor skills development

When do children develop particular motor skills, such as riding a bicycle or using a pen? How can you help your child to develop these skills? What can you do if your child is struggling with a skill?

This session is for parents or carers of children aged between 4-8 years old who would like to understand more about their child's motor development and how to support this. The session will share information about the typical ages when children develop different motor skills. It will explain how to breakdown an activity such as pulling on a jumper into simple steps to help your child complete this independently. You will also get advice on activities and simple things you can do at home to support your child's motor development.

BOOK YOUR PLACE:

Thursday 24th September at 1.30pm

<https://www.eventbrite.co.uk/e/1997693378672?aff=oddtcreator>

Monday 19th October 10.00am

<https://www.eventbrite.co.uk/e/1994779834182?aff=oddtcreator>

Wednesday 25th November 11.00am

<https://www.eventbrite.co.uk/e/1994792949410?aff=oddtcreator>

We are also offering parent information sessions on understanding sensory preferences and supporting self-regulation. To find out dates of these and other training opportunities please visit our CYP Therapies – Occupational Therapy Service webpage

<https://www.hct.nhs.uk/our-services/childrens-occupational-therapy/>

Children & Young People's Therapies Service

Contact us

Telephone:

01923 470680 Opt.

Email:

hct.cyptherapies1@nhs.net

Twitter: @CypHCT

Outstanding care, healthier communities



In 2014, 4-year-old Himraj came to Shiksha Rath for admission. He was starting to go to school. He was a child with special needs and was quite a handful and was not easy to manage. The other kids in Shiksha Rath could not play with him. He was bullied and ridiculed in school and even in Shiksha Rath due to his condition, and he was a loner. Nevertheless, he was a sweet kid with a sincere heart, which made him special, and we made sure he got all the attention and help he needed to become who he is today.



Himraj and his younger brother were neglected by their parents, not because their parents didn't love them, but because they needed to work to take care of the family. However, over the years, they felt accepted and loved in Shiksha Rath.

He has grown into a fine young man, and this year he got admitted into one of the oldest and best colleges in Delhi University, Ramjas College. We hope that he will continue to walk forward towards a better future and will be a motivation for many children in the slums to follow suit.

Your help and support are the key to changing many children's lives here in Shiksha Rath. We appreciate and thank you for your contribution and request you to continue your journey with us.

**Beezee
FAMILIES**

Making healthy school lunches easy!



Helping children make healthier choices at school doesn't have to be complicated. A few simple changes can build healthy habits and help your children stay energised and ready to learn throughout the day. Here's a few tips to help you get started:

Tip 1:

Pack some healthy snacks

Including a healthy snack in your child's lunchbox, like a preferred fruit or plain popcorn, can help them stay energised throughout the school day and make nutritious choices easier.



Tip 2:

Know what options are available

Take a look at your child's school lunch menu together and talk about the healthier choices available. Exploring the options in advance can encourage children to try new foods and make balanced choices at lunchtime.



Tip 3:

Talk about healthy choices

School lunchtimes can be a great time to encourage independence and positive decision-making. Agree simple goals together and celebrate healthy choices throughout the week.




Hertfordshire

Want more healthy lifestyle support?

Check out our website to find out how we can help your family.*

Scan here
or
Click to find
out more



hrt.maximusuk.co.uk

* Our courses are designed for families with children aged 5-15