

Some Muslims like to decorate their hands with Mehndi designs whilst they celebrate Eid. Have a go at creating your own designs using one of these activities.

Mehndi Hand Drawing



1. Draw around your hand with the fingers spread apart on a piece of paper.
2. Use scissors to cut out the hand shape.
3. Look at pictures of Mehndi designs. Use a coloured pencil to lightly sketch a design on the hand. Try to include lots of different shapes and patterns.
4. You could use a colouring pen to trace over the design.

Decorated Hand Dish



You will need:

- Clay or salt dough (see salt dough recipe [here](#))
- Tools for designing e.g. pencil, fork, straw, skewer
- Rolling pin
- Paint

Method

1. Roll out clay/salt dough to about 5mm.
2. Draw around your hand using a pointy tool.
3. Cut away the excess clay.
4. Smooth the edges.
5. Create your design using the different tools you have. You may wish to add fingers and nails first.
6. Curve the edges of the hand shape up slightly to create a dish shape.
7. Leave clay to dry overnight or place salt dough in the oven until solid.
8. Paint your dish once it has dried.