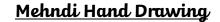
Some Muslims like to decorate their hands with Mehndi designs whilst they celebrate Eid. Have a go at creating your own designs using one of these activities.





- 1. Draw around your hand with the fingers spread apart on a piece of paper.
- 2. Use scissors to cut out the hand shape.
- 3. Look at pictures of Mehndi designs. Use a coloured pencil to lightly sketch a design on the hand. Try to include lots of different shapes and patterns.
- 4. You could use a colouring pen to trace over the design.

Decorated Hand Dish







You will need:

- Clay or salt dough (see salt dough recipe <u>here</u>)
- Tools for designing e.g. pencil, fork, straw, skewer
- Rolling pin
- Paint

Method

- 1. Roll out clay/salt dough to about 5mm.
- 2. Draw around your hand using a pointy tool.
- 3. Cut away the excess clay.
- 4. Smooth the edges.
- 5. Create your design using the different tools you have. You may wish to add fingers and nails first.
- 6. Curve the edges of the hand shape up slightly to create a dish shape.
- 7. Leave clay to dry overnight or place salt dough in the oven until solid.
- 8. Paint your dish once it has dried.